

AStA semester brochure

Winter semester 2025/26
RheinMain University of Applied Sciences

1 The AStA

- 6 Preface
- 8 Greeting from the Presidium
- 10 Who we are
- 12 What AStA offers you
- 18 Kurts garden
- 20 AStA.Deal
- 24 Other offers
- 26 Mobility Service

2 Departments

- 36 Kultur
- 37 AStA.Deal
- 38 Layout
- 39 Public Relations
- 40 Mobility
- 41 Environment
- 42 Office
- 43 Finances
- 44 Education Policy
- 45 Political education
- 46 IT
- 47 Technology
- 48 Social
- 49 Family
- 50 Anti-Discrimination
- 52 Oscar Student-Cinema
- 53 Join the AStA!

3 Committees

- 56 Academic self-administration
- 57 Student self-administration
- 58 Explanation of terms
- 60 Student Parliament
- 62 Student councils
- 64 Committee election

4 Orientation

- 68 Campus KSR
- 69 Campus UDE
- 70 Campus WBS
- 71 Campus RUE

5 Student life

- 74 Libraries
- 76 Finance
- 78 Scholarships
- 79 BAfÖG
- 80 Casual work
- 84 Health insurance
- 86 Housing
- 88 Student residences

6 Leisure time

- 92 Explore your city of Wiesbaden
- 94 Explore your city of Rüsselsheim
- 96 wi3 Consulting
- 98 RheinVolt Motorsport
- 99 Scuderia Mensa

7 Consulting and Offers

- 102 Central Student Advisory Service
- 103 Psychological counseling
- 104 Legal counsel
- 105 IT and Media Center
- 106 Womenn's and Equal Opportunities Office
- 108 Childcare & Counseling
- 110 Contact points for students with disabilities
- 112 FeedbackPLUS
- 113 Teaching and Learning Center (LLZ)
- 114 Building L on the KSR Campus
- 116 Diversity Team
- 117 International Office
- 118 Buddy Up!
- 119 Foreign student loan
- 120 Startup Labs

8 Miscellaneous

- 124 Important to know
- 126 Imprint

Content



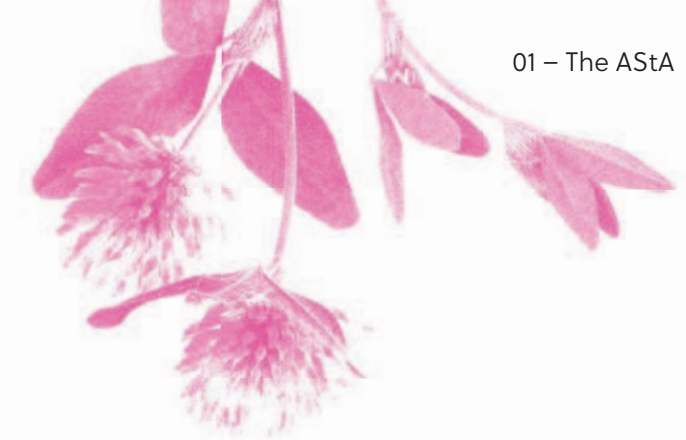
The AStA

Preface

Welcome. We are delighted to have you here.

We are the AStA, your student council. We are very pleased that you are now part of RheinMain University of Applied Sciences! It is our job to stand up for you and represent your interests. This brochure is intended to serve as a guide and help you better understand everyday student life and everything that goes with it. We offer many different services that you can take advantage of during your studies. Whether you need advice or support, discounts or a copying service, or just someone to talk to – we do everything we can to support you in as many areas of your studies as possible!

Studying should also be fun, of course. We organize parties, have our own cinema, hold theme nights, run the student café, organize pub crawls, and enjoy spending cozy afternoons with you in our own garden on Kurt-Schumacher-Ring!



We also get you moving! We provide you with a semester ticket that allows you to travel throughout Germany. We work every day to ensure that your everyday life at the university remains fair, becomes more sustainable, and is eventually free of discrimination. Want to get involved? No problem! If you would like to get involved, just keep an eye out for our newsletter or follow us on social media.

We are here for you! We wish you a good start to your studies.

Contact

Christabel Listorti
Stella Achenbach
Tobias Breyer
Lars Aulbach

Kurt-Schumacher-Ring 18
Room A.109, 65197 Wiesbaden

Am Brückweg 26
65428 Rüsselsheim

vorstand@asta-hsrm.de

Greeting from the Presidium



Dear students,

I would like to warmly welcome you to RheinMain University of Applied Sciences. By successfully applying for a place at our university, you have placed a great deal of trust in us at HSRM. Our university has a lot to offer you: fascinating, promising, old and new, and identity-building.

Here you can actively shape the future: your own and that of our university. Your active participation helps us make RheinMain University of Applied Sciences even more attractive as a place of research, learning, and living. The motto *Do ut des* – I give so that you may give – which refers to a relationship based on mutual give and take, could be a good guideline for your studies. Ask questions, give us constructive feedback, get involved in committees. Use other perspectives and insights to broaden your own.

As cultural anthropologist Margaret Mead said, “Never doubt that a small group of committed people can change the world. Indeed, it is the only thing that ever has.” Gain international experience and be open-minded. Studying also means community. And speaking of community, maybe we’ll see each other in the cafeteria for a chat. I wish you an interesting and successful time at university.

A handwritten signature in black ink, reading "Eva Waller". The signature is stylized and cursive.

Yours, Eva Waller
President

Who we are

Hey, have you heard of the AStA?

It stands for “Allgemeiner Studierendenausschuss” (General Student Committee) – basically, it’s the team elected by the student parliament to represent the interests of all students. The people in the AStA are all students, just like you. We organize and manage a whole range of things, from counseling for problems to cool leisure activities and the semester ticket.

By the way, we’re not just here for fun, we also fight for you and your concerns in university committees such as the senate, the dean’s offices, and the executive committee. Together, we want to make our position clear. And if you want to know how that works, just drop by a meeting on Tuesday evenings. You can find the dates at asta-hsrm.de/gremien/gremientermine.

Our job is not only to represent the students here, but also to uphold values such as political education, responsibility, and tolerance. In the best case scenario, we achieve things that go beyond the student sphere.

If you have something on your mind or a brilliant idea, just talk to us. We always have room for commitment, creativity, and everything you have to offer. We are very excited to hear your thoughts!



Treat others as you would like to be treated yourself.

This is the core of the values that the AStA stands for. In concrete terms, this means that we take a clear stand against discrimination, especially with regard to origin, gender, sexual orientation, political views, religion, and disabilities.

Diversity is an asset to society. At our university, we want to promote and preserve what sometimes falls by the wayside on a global level: open exchange and respect for different opinions.



What AStA offers you

We know that each of us has our own preferences and ideas—and that's a good thing! Why? Because that's exactly what gives us the chance to get cool and varied projects off the ground. Whether you need to make copies frequently or enjoy going to the theater, we've got you covered. From relaxed pub quiz nights to our annual summer party and the popular Grand Semester Ending/Opening Parties – we have something for everyone!

You can find the latest info on Instagram:
@asta_hsrn

Grand Semester Opening/Ending Party

The Grand Semester Opening Party at Schlachthof Wiesbaden and the Semester Ending Party in Rüsselsheim are legendary! In collaboration with Kulturzentrum Schlachthof e.V., we are kicking off the new semester with a bang and bid it a fitting farewell in Rüsselsheim. Whether you're in your first, second, or even tenth semester, there's something for everyone when it comes to music. Together with all the students, we celebrate with a lively mix of atmosphere, music, and drinks. An absolute highlight for all university students! See you there!

Oscar Student Cinema

Welcome to the OSCAR student cinema!

Every semester, we organize several movie screenings in the cinema lecture hall A038 in the A building in Rüsselsheim. From blockbusters to comedies to thrillers, there is something for every taste. When the lights go down in the large lecture hall in the evening, the 4K cinema projector shines onto the huge screen, and the 7.1 sound system provides the right backdrop, nothing reminds you of lectures anymore. Just like in a real cinema, we offer drinks, homemade popcorn, hot dogs, and nachos. These, like the admission price, are tailored to the student budget. For more information, follow us on Instagram and Stud.IP or keep an eye on our website.

We are looking for you!

A cinema rarely runs on its own, which is why there is a whole team of volunteers who regularly provide active support to make this unique cinema experience possible. When they're not preparing snacks, they help behind the scenes with the technology, prepare the auditorium, and make sure that nothing is left behind when you come to class the next day. If you would like to get actively involved, help shape the cinema program, or have ideas for new formats, please feel free to contact us or write to us by email, on Stud.IP, or Instagram.

Instagram

@oscar.hsrn

Website

asta-hsrn.de/freizeit/kino/kino-team/



Theaterflatrate

The AStA, Theater Rüsselsheim, and Staatstheater Wiesbaden have agreed on a theater flat rate for all students: upon presentation of their student ID, all students receive one free ticket per performance. Tickets are available at the theater starting three days before the performance (offer does not apply to special performances and premieres).

Once a month, the theater education department of the Hessian State Theater in Wiesbaden organizes a group visit to a performance for all interested students, offering them the opportunity to exchange ideas and gain insights into the theater. Registration and further information at: theaterscouts@staatstheater-wiesbaden.de

Many thanks to our partners!

Wiesbaden State Theater
staatstheater-wiesbaden.de

Rüsselsheim Theater
theater-ruesselsheim.de



Museumscard

Thanks to our collaboration with the Friends of the Wiesbaden Museum Association (FdM), you receive free admission to the collections and exhibitions of the Wiesbaden Museum and to the exhibitions of the Nassau Art Association Wiesbaden. All you need to do is show your student ID at the museum ticket office.

Many thanks to our partners!

Friends of the Museum Wiesbaden
freunde-museum-wiesbaden.de

Wiesbaden State Museum
museum-wiesbaden.de

Nassau Art Association Wiesbaden
kunstverein-wiesbaden.de



Copying service

Our copying system is a great way to save money. There is a copier on almost every campus, allowing you to print or copy outside of the AStA office's opening hours.

How does it work?

1. Open a print account at one of the location

OR: Send an email to kopierer@asta-hsrm.de (leave the subject line blank) and attach all documents to be printed. If no account for the sender's email address exists in the system, the system will automatically create a new account and save the PDF file in this account.

2. Top up your credit

- Top up at the AStA office (KSR or RÜ)
OR: Transfer the amount X via PayPal to finanzen@asta-hsrm.de -> Please specify the subject: Print/Scan

3. Now you can print, scan, and copy at any time

- Print on site using a USB stick
- Print by emailing a PDF file to kopierer@asta-hsrm.de (without content and without a subject line)

Locations

In Wiesbaden

Kurt-Schumacher-Ring Campus
Building A, basement
Small room next to 110

In Rüsselsheim

In front of the AStA office
Building E, room E-02

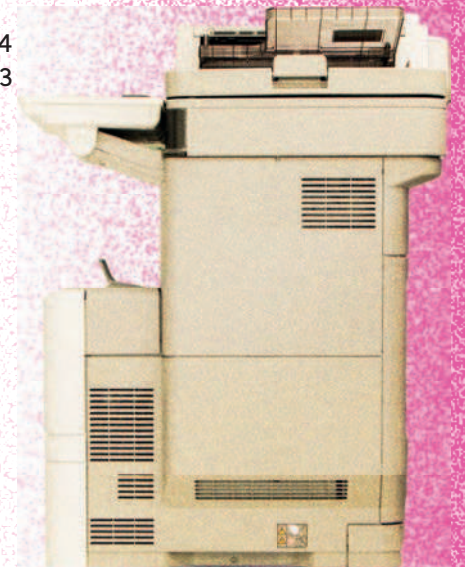
Prices

Black/White

0,10 € DIN A4
0,25 € DIN A3

Color

0,25 € DIN A4
0,40 € DIN A3



Kurts garden

Kurt's Garden is the campus garden at the Kurt-Schumacher-Ring campus, which was created by students and the AStA Environmental Department in the spring of 2021. You can find the garden next to Building C, on the way to the daycare center (between Building C and the parking garage). The garden is open to all members of the university and anyone interested in gardening.

The principle behind it – permaculture

The campus garden is based on the principles of permaculture, which involves observing and imitating natural processes. Permaculture is an ecologically sustainable discipline. This method of cultivation does not focus on yield, but rather on careful, sustainable, and natural management. The aim is to achieve an ecological balance on the land, where pests and the decomposition of organic material, for example, are regulated by natural processes.

Our work – your contribution?

Kurt's Garden not only enables you to make contacts, but also offers a place of tranquility between lectures. We enable you to implement creative and sustainable ideas together. The campus garden is also a CCC course. No experience with gardening? No problem, a lot of it is learned by doing. We don't just want to garden here, we also want to get to know each other. You can visit the garden anytime, even without registering!

You can find us:
In the garden
Via the Stud.IP group "Kurt's Garden"



AStA Deal

With AStA.deal, you get discounts, special offers, and student deals from local businesses. Just show your student ID and save! We regularly post the latest deals on the AStA website and our Instagram account. All businesses participating in AStA.deal can be recognized by the AStA.deal sticker in their entrance area. Do you have any ideas, suggestions for further deals, or questions about the concept? Then feel free to write to us!

More deals will follow shortly.
Have fun saving!

E-Mail
deal@asta-hsrm.de



Büro Emig
Bürobedarf
Haßlocher Straße 26
65428 Rüsselsheim

**10% auf das
gesamte Sortiment**

emis
ALLES FÜR'S STUDIUM

Café am Markt
Café
Marktplatz 3
65428 Rüsselsheim

Studi-Freitag:
Welcome Shot,
Bier + Äpfel 3€,
Tagescocktail 5€

**CAFÉ
AM MARKT**

Hermanns Radhaus

Fahrradgeschäft
Darmstädter Str. 52
65428 Rüsselsheim

**10% auf Teile & Zubehör
(ausgeschlossen Fahrräder,
Pedelects & Dienstleistungen)**



Das Brauhaus
Brauhaus und Gaststube
An der Wied 1
65428 Rüsselsheim

**Mo: Bier für 2,70€
kostenloses Studi-Essen
+ Allgemein: Fässer zum
Gastropreis**

**AESKULAP Apotheke**

Apotheke
August-Bebel-Str. 52
65428 Rüsselsheim

**15% auf nicht verschreibungs-
pflichtige Artikel**

aeskulap
apothek
rüsselsheim

Lilians Hair Salon

Friseursalon
Kaiser-Friedrich-Ring 39
65185 Wiesbaden

**20% auf alle Dienstleistungen
von Mo-Fr im Salon**

**wi-druck.de GmbH**

Druckerei
Lahnstraße 26,
65195 Wiesbaden

**20% auf Abschlussarbeiten,
Skripte, etc. (Rabattcode:
hs-rm20), Kostenlose
Logo Prägung des HSRM-
Logos bei Hardcover**

wi-druck.de
GmbH

Other Offers

Tournaments and game nights

Various locations, usually near a campus.

LAN-parties

At the university, usually at the Rüsselsheim campus in the student union, anyone who wants to can bring their own PC or use one in the student union's study room.

Karaoke

At the Wiesbaden or Rüsselsheim campus.

Winter market

We want to warm you and ourselves up during the cold season with mulled wine, punch, and waffles. There will also be stands with various activities.

Summer party

A party on the Kurt-Schumacher-Ring campus with various AStA information stands, fresh drinks, and delicious food.

Pubquiz

Quiz night in Wiesbaden and at the Brauhaus Rüsselsheim.

„Bergfest“-Midweek celebration

Wednesdays at KSR.

And many more exciting AStA events – so keep your eyes open.
You can always find the latest information on the AStA website or on our Instagram account.

German Semester ticket

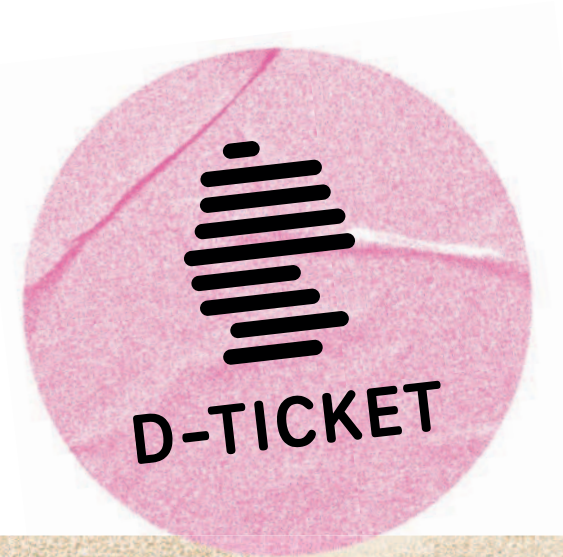
With the AStA Germany semester ticket, you can travel throughout Germany on city and regional buses, trams, subways, local and regional trains (S-Bahn, RB, RE), and regional trains operated by private rail companies (e.g., VIAS, HLB, vlexx).

The Semester ticket fee

The cost of the AStA semester ticket is included in the semester fee (solidarity model). This is the only way that all students can use public transport throughout Germany at such favorable conditions compared to the Deutschland-Ticket.

Refunds are possible in special cases:

- Severely disabled persons (supplementary sheet to the severely disabled person's pass and valid token)
- Semester abroad
- Semester abroad (min. 3 months)
- Double degree (two universities with compulsory purchase of semester ticket)
- Landesticket Hessen (D-Ticket may not be purchased)
- Illness (proportional reimbursement for the months)



validity period

Summer semester: April 1 - September 30
Winter semester: October 1 - March 31

Your ticket is valid only for you; you cannot transfer it to other people or take anyone else with you on the ticket. The ticket is issued as a digital ticket and you can add it to your Apple or Google Wallet app. You will receive the ticket via the link on our website two weeks before the validity period. In exceptional cases, an alternative issue via chip card is possible. You can find more information on our website.

Unfortunately, the AStA semester ticket cannot be used on long-distance trains (IC, EC, ICE). If you are checked and have forgotten your ticket, you can show it within a week and will only have to pay a processing fee.



book-n-drive Carsharing

Whether you want to transport beer crates from A to B or need a car for moving house, you have access to an entire fleet of vehicles from the car-sharing provider book-n-drive. At special prices!

Your benefits

- No sign-up fee
- €10.00 starting credit (valid for six months from registration)
- Lower deductible in the event of damage (€300 instead of €1,500)
- Simplified right of termination

There are four different classes (XS, S, M, L). Everything from city runabouts to vans is available. Station-based vehicles must always be returned to the station where you rented them. City runabouts can be opened spontaneously at the roadside without prior booking. The advantage here is that you can also return the car to other city runabout areas, regardless of which city you are in.

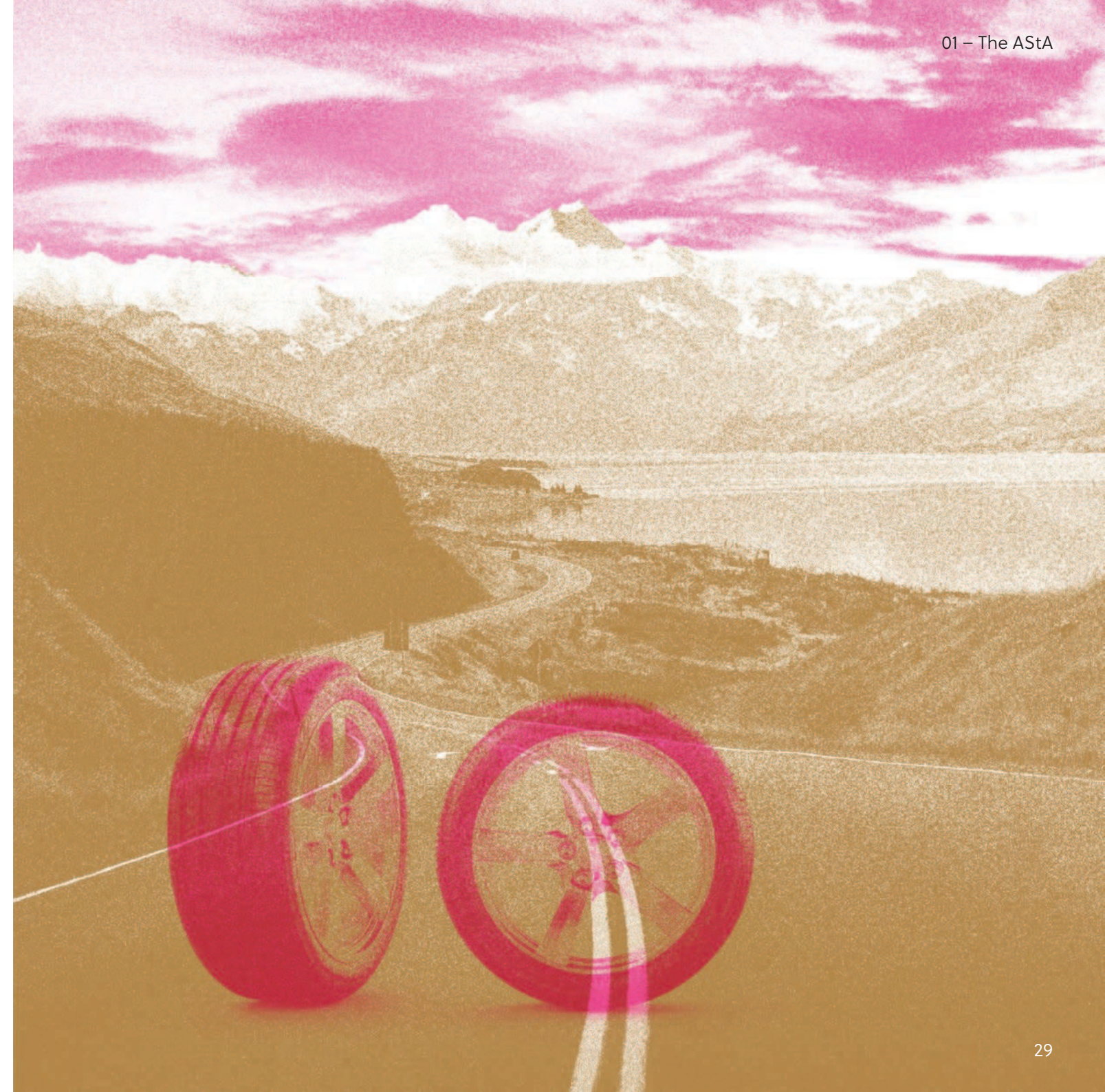
book-n-drive Carsharing

Registration with customer account

Send a message to info@book-n-drive.de using your student email address. Request a change to the "Basis Campus," "Komfort Campus," or "Abo Campus" tariff, stating your name and customer number.

Don't have a customer account yet?

Activation:
Activation is now only carried out digitally. Further information can be found on the book-n-drive website.
Further information: book-n-drive.de





studibus.de

Do you need a van to move house?
Then just rent one!

Information and prices

You can pick up and return your studibus whenever you want within your booked period. It must always be returned to the place where it was picked up. Unfortunately, one-way rentals are not available.

Rental period

Early, late, or night shift: 25,00€

Day: 35,00€

Price per kilometer

Up to 150 kilometers: 0,27€/km

Additional kilometers: 0.17€/km

Fuel allowance

All kilometers: 0,23 €/km

Other

Non-students: + €6.00

Rebooking, cancellation, etc. See price list on the website.



Liability and refueling

Liability for damages is already included in the price. Your liability is limited to €1,500. If the tank is less than 1/4 full before you return the car, you should use the fuel card to fill up the tank for the next renter. This won't cost you anything extra and can be done cashless using the card.

The Transporter

The standard studibus is a Renault Master with a loading capacity of approx. 10 m³. In addition to the driver, there is room for two more people in the cab. To ensure your safety on the road in winter, the vans are equipped with suitable tires.

Dimensions of the cargo space in meters:

ca. 3,0 × 1,7 × 1,9 Meter (length, width, height)

Station in Mainz:

HEM Gas Station Rheinallee

Mainz, Rheinallee 187

Further information:

<https://studibus.de/city/mainz>

Nextbike

Rent up to 3 bikes at a time in over 45 cities, as often as you like for up to 60 minutes at a time, free of charge. From the 61st minute onwards, you pay only 1,00€ per half hour (max. 5€/day).

Registration

Register with your student email address: secure.nextbike.net/de/wiesbaden/registrierung/
If you already have a nextbike account, you can send an email to [info@nextbike](mailto:info@nextbike.net) using your student email address and request a change to the "AStA Hochschule RheinMain" tariff, stating your name and customer number. Once you have received the confirmation email, you can start cycling at AStA rates.

Rent a bicycle

Option 1 – Nextbike app:

1. Scan the bike's QR code with the app.
2. The lock will open automatically.
3. Off you go!

Option 2 – Call:

1. Call 03069205046 and give your bike number
2. The lock will open automatically
3. Off you go!



Short break?

For a short stop, you can put the nextbike into parking mode. To do this, open the app and tap on your current rental. Then press "Park" and close the frame lock by pushing it down. When you want to continue riding, you can simply open the lock again using the app.

Please note: The rental time continues to run during the break in your ride.

Return

1. Return your nextbike to a station in Wiesbaden or Rüsselsheim marked in the app. In Rüsselsheim, you can also return your bike free of charge to any of the streets marked in blue in the app!
2. Press the small lever on the frame lock downwards.
3. The end of the rental period will be confirmed in the app.

Enjoy the ride!

Further information is available from the AStA Mobility Department (see Chapter 2) or at: nextbike.de





Departments

Culture

We, the Cultural Department, want to create cultural added value for all students at RheinMain University of Applied Sciences. The university should not only be seen as a place of learning, but also offer a balance in the form of cultural events. We are divided into two departments, Wiesbaden and Rüsselsheim. We are always open to new ideas, suggestions, and feedback, and welcome your support. See you there!

- Our tasks are:
- Parties (e.g., semester opening party)
 - Theater collaborations (free theater tickets, theater scouts)
 - Museum collaborations (e.g., free museum admission)
 - Pub quizzes
 - Karaoke evenings
 - Pub crawls
 - Welcome events for new students
 - Cultural events
 - Tournaments
 - „Bergfest“ – midweek celebration

Contact

Wiesbaden Cultural Department
Emilia Breiner
Isabelle Sturm

E-Mail
kultur-wi@asta-hsrm.de

Rüsselsheim Cultural Department

E-Mail
kultur-rue@asta-hsrm.de



AStA.Deal

With AStA.Deal, you get discounts, special offers, and student deals from local businesses. Just show your student ID to receive discounts in various areas.

Our mission is to compile the best deals for students so that you never miss out on a discount again. We regularly update you on the latest offers on this page and on our Instagram account. All businesses participating in AStA.Deal can also be recognized by the sticker in their entrance area.

Do you have any ideas or suggestions for further deals or questions about the concept? Then feel free to write to us.

Have fun saving!

Contact

Houdayfa Aarous

E-Mail
deal@asta-hsrm.de



Layout

We are the layout department—the creative masterminds behind everything you read and see. Together with the PR team, we bring color into play and put the AStA in the spotlight. We design flyers, posters, brochures, and Instagram posts, both digital and on paper, for the AStA and the student councils.

This brochure here? Yep, that's us too. Here you'll find everything you need to know. We also put together the legendary welcome bags for freshmen – our design and input are there to welcome you.

Contact

Mia-Lotta Schneider
Rhona Willems
Zoe Abt

E-Mail
layout@asta-hsrm.de

Public Relations

We in the PR & Marketing department are your first point of contact, whether you're replying to our newsletter, sending us a message on Instagram, or reaching out via other social media platforms. We're here to support you as quickly as possible!

Our team manages all online communication, both internal and external. In addition to writing press releases and creating content for our website, we also evaluate surveys and monitor the performance of our channels.

The best part of our job: we are responsible for the semester introduction content! Together with our contacts within the AStA (student union) and partner companies, we make sure you'll find some special goodies in your welcome bag.

Contact

Johanna Linneborn
Lorenzo Castronovo

E-Mail
pr@asta-hsrm.de

Mobility

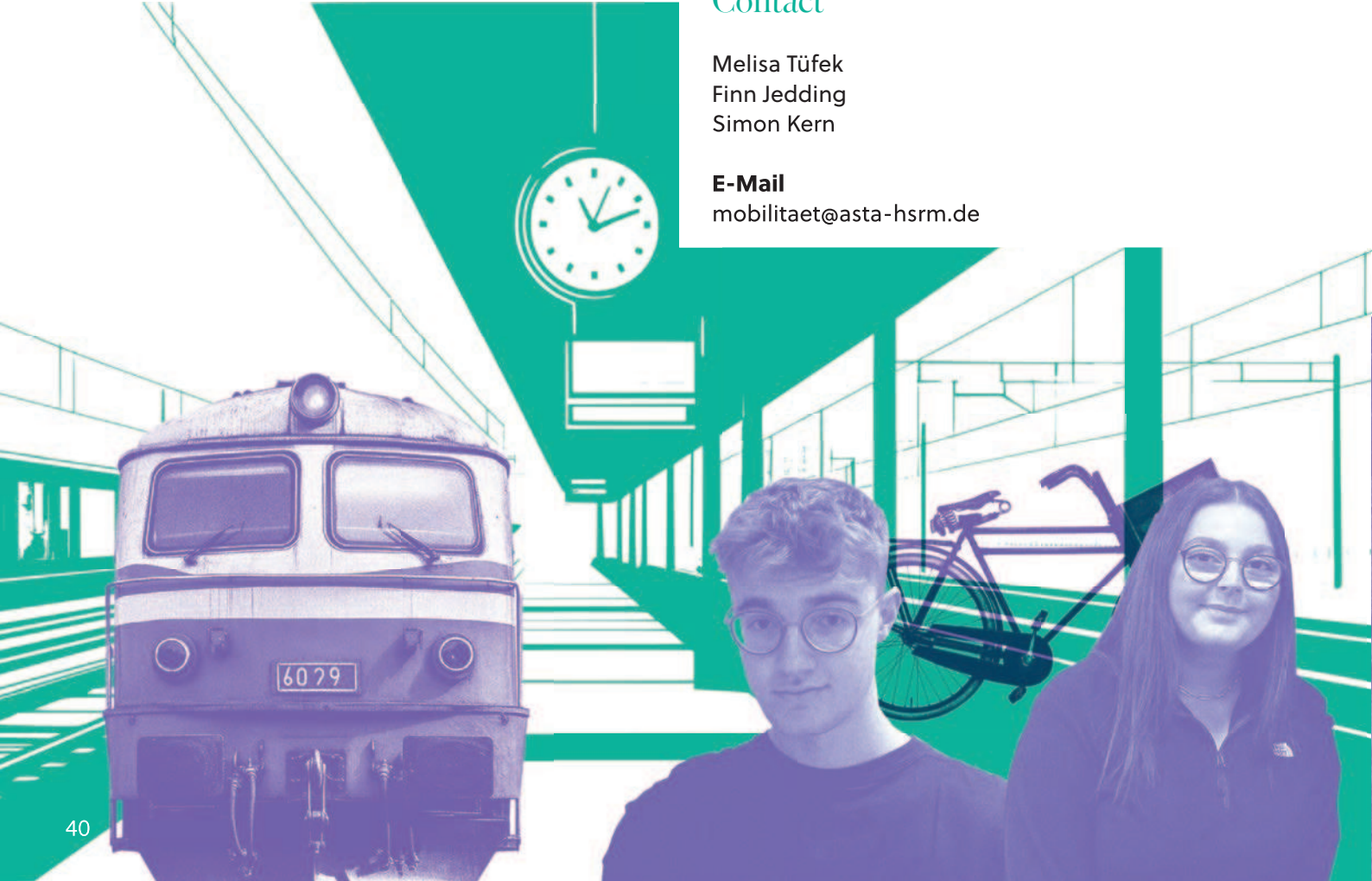
The AStA Mobility Department is available to answer any questions, comments, or criticism you may have regarding the Germany semester ticket, related refunds, and mobility at the university. It also represents the interests of the student body vis-à-vis the Rhine-Main Transport Association (RMV), individual transport companies, local and state politicians, and the university administration.

In addition to the inexpensive semester ticket, the Mobility Department is currently campaigning for a further expansion of the bicycle rental system in Wiesbaden and Rüsselsheim in order to meet growing demand.

Contact

Melisa Tüfek
Finn Jedding
Simon Kern

E-Mail
mobilitaet@asta-hsrm.de



Environment

The Environmental Department is committed to promoting sustainability at our university.

Whether it's clothing swaps, litter collections, or discussion groups, we organize various activities to make university life more sustainable and raise awareness among students about environmental protection and climate change. Want to take on a sustainable project at the university yourself, but don't know where to start? We'll give you our full support and provide the necessary networking opportunities! You can find more information on our website.

Contact

Carolina Pfordt

E-Mail
umwelt@asta-hsrm.de



Büro

The AStA office is the branch between all student self-governing bodies. We work hand in hand with the AStA departments.

We are available to provide you with advice and assistance. If you need informations about the printing system or help with student ticket refunds, then you’ve come to the right place. Important: Semester tickets for refunds can only be handled at our office in Wiesbaden.

We also keep the bulletin board in the basement of the KSR (Campus in Wiesbaden) and the on-line bulletin board is available on Stud.IP updated constantly and we post the latest apartments and job offers, as well as informations on many other helpful topics. So be sure to check it out from time to time. If you have specific questions, we will also refer you to the appropriate departments and boards.



Contact

Rüsselsheim Office
Stavros Stavridis

E-Mail
ruesselsheim@asta-hsrm.de

Telephone
+49 6142 898 4187

Location
Rüsselsheim Campus
Building E, Room E02

Wiesbaden Office
Leoni Eilhauer

E-Mail
wiesbaden@asta-hsrm.de

Telephone
+49 611 9495 1192

Location
KSR Campus
Building A, Room A109

Finances

We at the AStA also have to pay bills and draw up budgets to finance parties, events, and orientation weeks. This is the job of the finance department, which keeps track of income and expenditure during the current fiscal year. We are monitored and controlled by the Audit Committee of the Hessian Court of Auditors, so that we can prepare the annual financial statements after the end of the fiscal year with the assistance of an auditing firm.

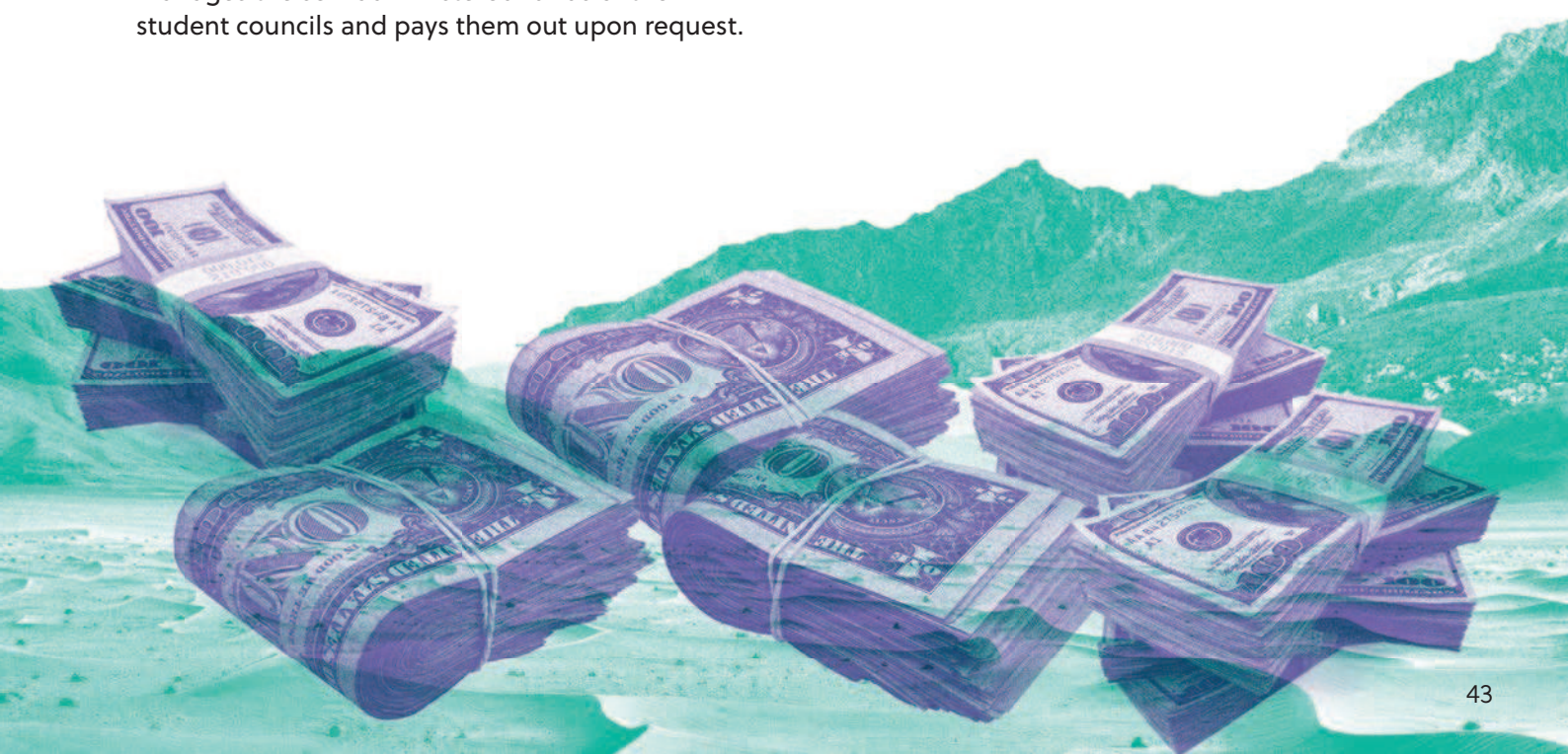
We then work on the budget for the new fiscal year and must ensure that sufficient funds are always available for each area of responsibility of the AStA. In addition, our finance department manages the self-administered funds of the student councils and pays them out upon request.

Contact

Jeanette Jung

E-Mail
finanzen@asta-hsrm.de

Location
Kurt-Schumacher-Ring Campus
Building A, Room A103



Education Policy

Our task is to represent your interests both within the university and externally. We work closely with student representatives from other universities and critically monitor political developments outside the university. At the same time, we represent you in internal committees, raise your concerns, and ensure that your voice is heard. In doing so, we always pay attention to what is changing, where different interests exist, and how we can work together to bring about change.

Networking is particularly important to us – both with allies whose interests overlap with yours and with the student councils and committees within the university. The "Landes-ASten-Konferenz" (LAK) in Hessen offers a platform for the most extensive cooperation between student bodies.

A central focus of our work is the organization of events that contribute to raising awareness of current and historical social, cultural, and political issues. We pay particular attention to the following topics:

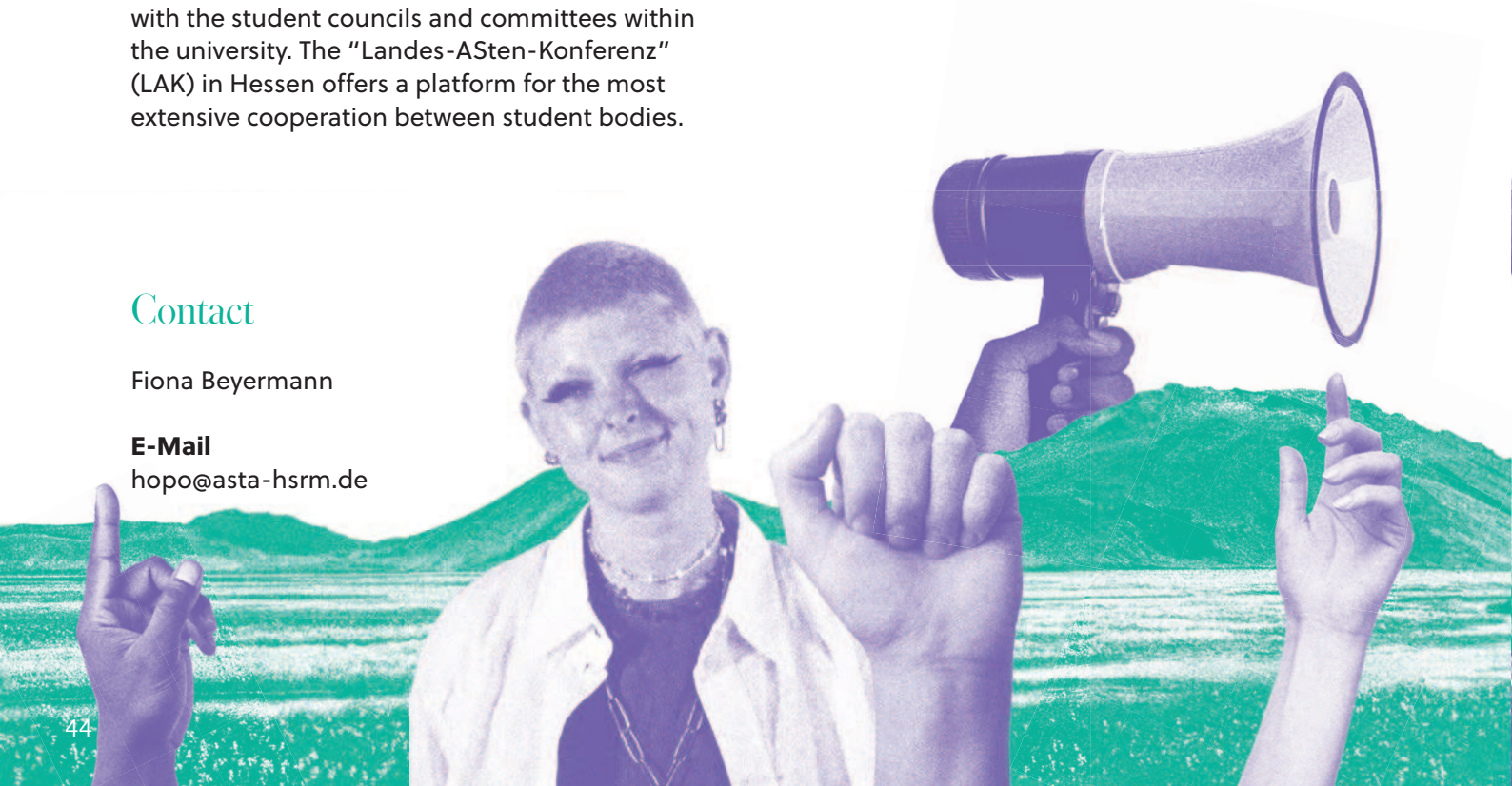
- Democracy and fundamental rights
- Gender politics
- Anti-fascism/anti-racism
- Labor and social affairs

Together, we strive to be a strong voice for your interests and to bring about positive change both internally and externally.

Contact

Fiona Beyermann

E-Mail
hopo@asta-hsrn.de



45

IT



Our IT and computer specialists take care of everything related to bits and bytes. From networking and telephony to all domain services, we provide the working and communication infrastructure for many of our colleagues on the committees.

Our young, dynamic team is constantly working on new projects that improve and simplify not only the way we work within the AStA, but also the way many students work. To this end, we are in lively exchange with the departments of the AStA and other student representatives, as well as with the university and the ITMZ. However, if we miss any potential for improvement, we ask each of you to approach us; only in this way can we create added value for everyone through technology!

Contact

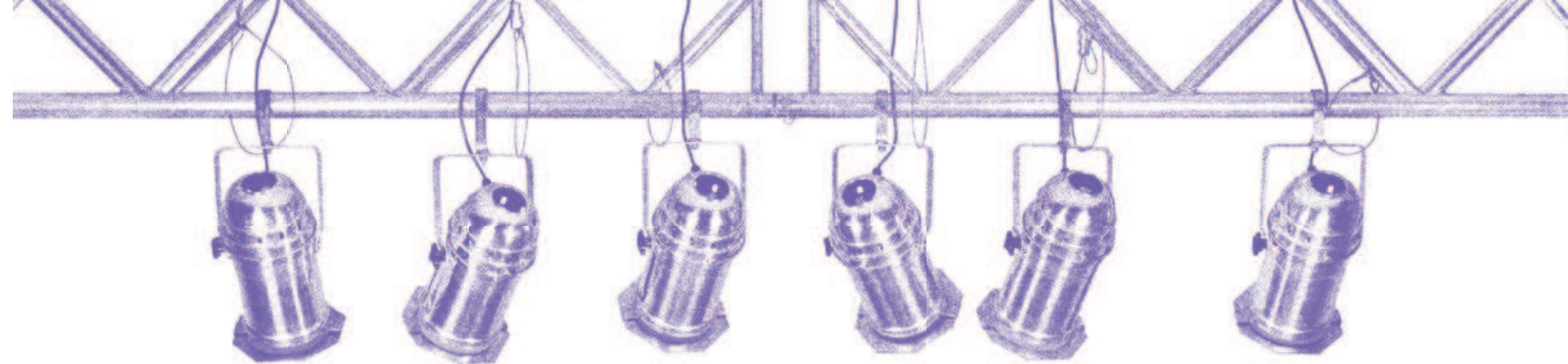
E-Mail
it@asta-hsrm.de

Telephone
+49 611 9495 1193

Consultation hours
Online consultations are available upon request (by email)



Technology



Hey there, I'm the technician on duty! I'm your point of contact for all things technical. That includes not only event technology such as sound and lighting, but also the entire AStA warehouse! If you need anything, just send me a message and I'll try to help you out. It's best to contact me at least four weeks in advance so that there's enough time to organize everything. You'll usually find me backstage at parties, because I'm mostly programming the light show and creating the right atmosphere live. Are you interested in event technology? I'm happy to share my knowledge, and you're welcome to help me at the next event!

Contact

E-Mail
technik@asta-hsrm.de

Location
Rüsselsheim campus

Social

How can I finance my studies? Where can I find a room in a shared apartment? How can I get through the exam period without worrying? And can someone help me with ...

Of course, definitely! We at the Social Affairs Department are here to help you with exactly these issues: whether you're looking for answers, tips, or just a sympathetic ear. And especially if you don't know who to turn to. Feel free to contact us, because you're not alone with your challenges.

We'll take the time to listen to you and your story so that we can use our experience to find a good solution for you! Even if that solution is just cookies and tea. How can you reach us? There's something for everyone: send us an email, check out Instagram, take part in mental health and discussion group activities, or just drop by to talk to us or relax with your fellow students. We are here for you and are your first point of contact!

Contact

Ivan

E-Mail

soziales@asta-hsrm.de

Telephone

+49 611 9495 1193

Consultation hours

We are happy to advise you personally, online, or by phone upon request by email.



Family

Our goal is to create offers that support and facilitate your student life as parents and generally provide a first point of contact for all questions relating to family, including, for example, care (care applications, powers of attorney, etc.).

We chose Stud.ip as our platform for exchange and created the study group "Students with Kids" there. There, you can chat via Blubber at any time, use the flea market in the forum, fill out our survey, and vote on the next networking meeting date in Stoodle.

Our website <https://www.asta-hsrm.de/beratung-and-services/familie/> provides a wealth of information about pregnancy, employment opportunities, and the rental system for child transport equipment. Feel free to take a look and get in touch if you have any questions. We can discuss everything by phone, online, or in person.

Other contacts:

Family Service Center:
Regina Müller
familienkompass@hs-rm.de
www.hs-rm.de/de/service/familienkompass

Women's and Equal Opportunities Officer:
Monika Stegmann
frauenbeauftragte@hs-rm.de
www.chancengleichheit.hs-rm.de/de/

Contact

Kerstin Vallieur

E-Mail

familie@asta-hsrm.de



Oscar Student Cinema

The Cinema department runs the OSCAR Studi-Kino, which presents regular film screenings on the Rüsselsheim campus with a team of volunteers. Their tasks include organizing all film screenings, from booking the films to managing all drinks and snacks for the screenings, preparing cost calculations, accounting, marketing, and layout.

The team mostly consists of volunteer students who bring in new, creative ideas and all their individual strengths in different areas. Are you interested in film and cinema technology, have organizational skills, or can you contribute creative ideas to our layout? Then you are very welcome to join our team.

Contact

E-Mail

kino@asta-hsrm.de

Telephone

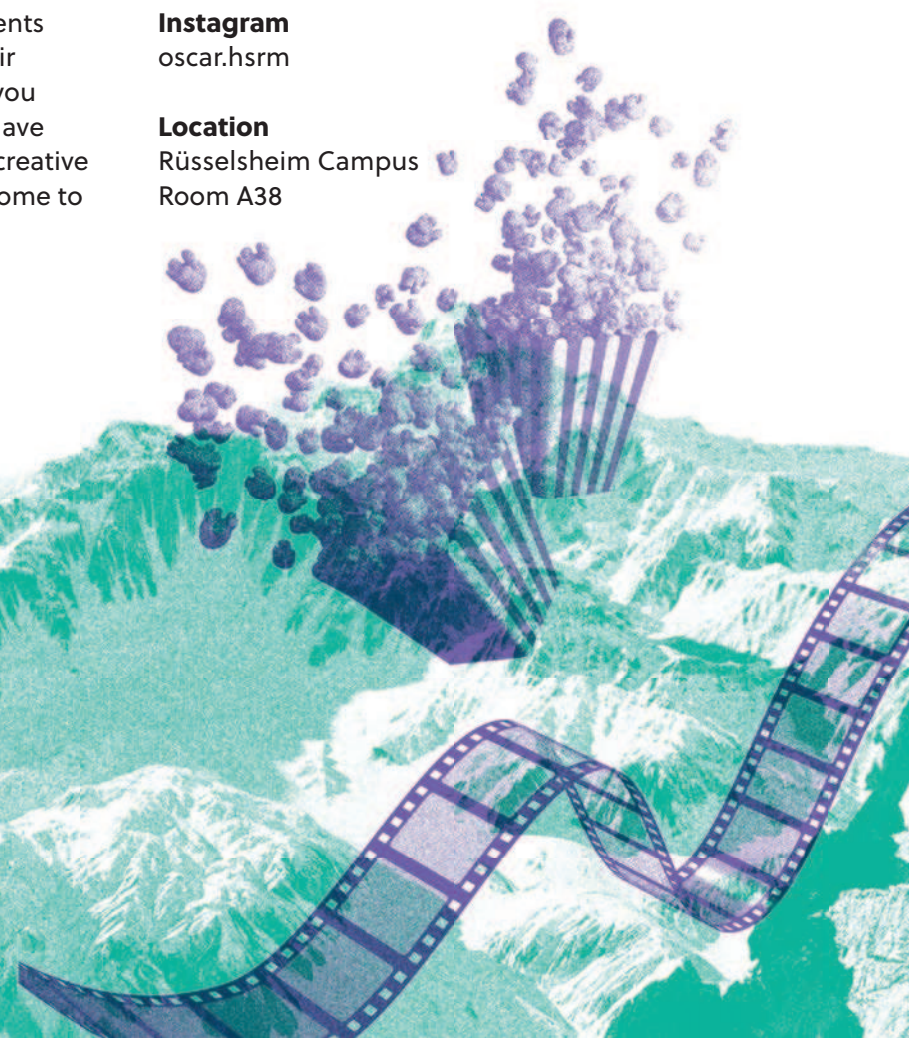
+49 6142 898 4115

Instagram

oscar.hsrm

Location

Rüsselsheim Campus
Room A38



Anti-Discrimination

Discrimination can be experienced on the basis of racist attributions, ethnic origin, gender and sexual identity, religion, age, or disability. At the university, we are committed to minimizing these experiences and supporting those affected in dealing with discrimination and racism.

What else do we do?

We organize events on the topics of discrimination, racism, sexism, and other manifestations of group-focused enmity. If you have an idea, please get in touch with us. We will be happy to support you in your project.

We listen.

We accompany.

We provide information about possible courses of action.

We refer you to further contacts.

We initiate complaint procedures with you in accordance with the AGG-RL.

Consulting

We offer counseling for students who are affected by discrimination based on racist attributions, ethnic origin, gender and sexual identity, religion, age, or disability, but also for witnesses of discrimination.

Other offers

You can find our current campaigns on the AStA website and on our AStA Instagram. We are always available for you by email and can arrange individual consultation appointments, including via Zoom and telephone.

In the future, there will be open consultation hours!

Report discrimination

Have you experienced discrimination or racism at HSRM as a witness or as a victim? Then don't stay silent! Contact us by name or anonymously via the QR code.

Contact

Tamara Chilashvili (she/her)

E-Mail

antidiskriminierung@asta-hsrm.de



Join the AStA!

Orientation week with bags, parties, events, and counseling services are only possible because students get involved. Only through active engagement can student committees, whether it's the AStA, the student council, or even the student parliament, continue to exist. However, the course of a degree program always involves leaving the university. This means that students also leave the committees and their places become vacant! We need you to fill these places with new, fresh student life!

In a wide variety of committees, you have the opportunity to realize your own ideas and work independently. You can find current job vacancies on our Website (asta-hsrm.de/asta/offene-stellen/) or Instagram. Otherwise, we would also be delighted if you dropped by our offices at KSR or in Rüsselsheim. Your work will of course be remunerated, and other committees sometimes offer expense allowances as well.

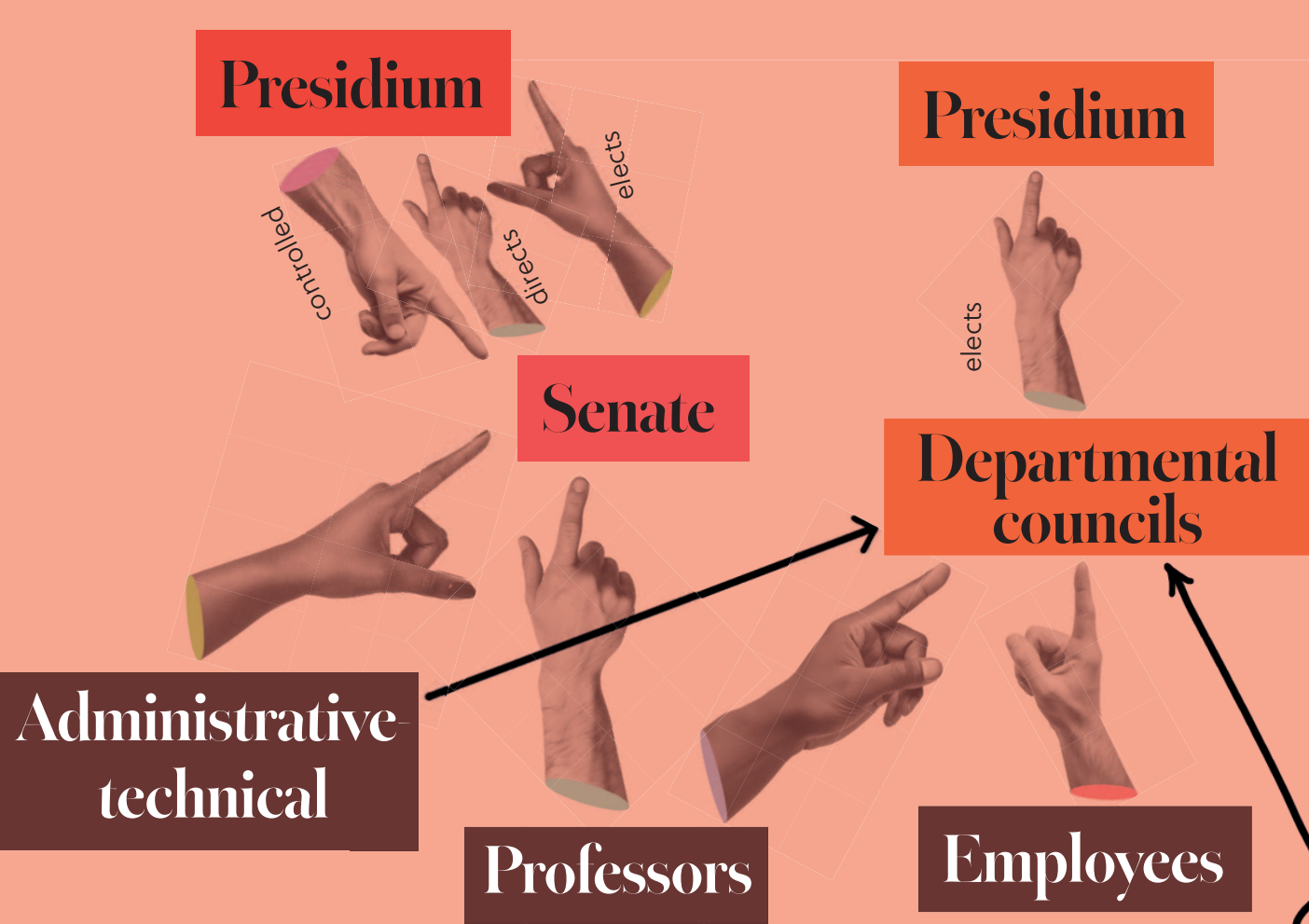
We look forward to meeting you at our next board meeting!



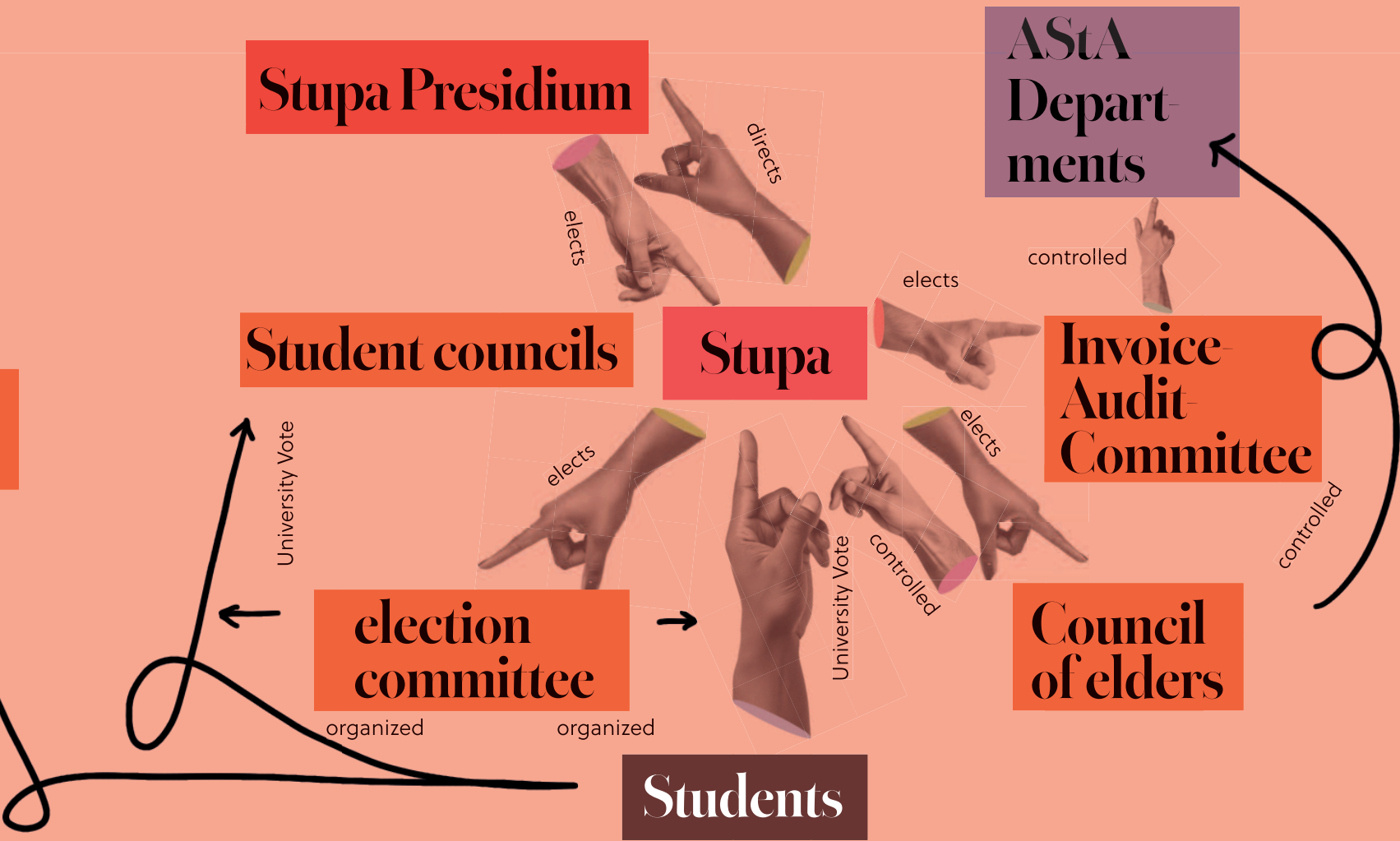
Committees



Academic self-administration



Student self-administration



Explanation of terms

„Hochschul – Präsidium“

- Manages the university and promotes its internal and external development with the participation of the university council, departments, & members
- Reports annually to the senate on the management of the university
- President, vice president, and chancellor

Dekanat

- Represents the department internally & externally
- Chair: Dean
- Executive body of the department, manages its affairs

Rechnungsprüfungsausschuss (RPA)

- Consists of three members
- All students who are not members of another StuPa committee or board are eligible to stand for election
- Oversees the financial management of the AStA and conducts several book and cash audits each year
- Contact: rpa@asta-hsrm.de

Senat

- Advises on matters relating to research, teaching, and studies
- Oversees the management of the Presidium
- Consists of professors, students, research assistants, and administrative and technical staff
- The Presidium, Women's Representative, and the AStA Executive Committee advise the Senate

Allgemeiner Studierenden-ausschuss (AStA)

- 3 to 5 elected board members
- Manages the affairs of the student body
- Represents the student body in and out of court
- Executive arm of the student parliament
- Prepares the budget for the StuPa

AStA-Referate

- 16 departments with different responsibilities
- Take care of the needs of the student body
- Meet at least twice a month for a board meeting
- Responsibilities: executive body of the student body

Fachschaftsräte (FSR)

- Ensure that studies are organized in accordance with the study regulations
- Consist of 5-15 students each
- Separated by subject area
- Representation of student interests in a subject area

Fachschaftenkonferenz

- Meetings and exchanges between all student councils (FSR)
- Representation of all student councils
- Coordination of the work of the FSR
- Cross-departmental issues

Fachbereichsräte (FBR)

- Consists of professors, staff, and students
- Drafts study and examination regulations and ensures that studies are organized in accordance with these regulations
- Organizes the election of the dean's office (department management) and the proposed resolution on the statutes and regulations of the department.

Ältestenrat

- Advice and supervision
- Part of the student self-administration
- Responsible for compliance with legal and statutory standards.
- besteht aus drei Studierenden

Fachbereiche (FB)

- Architecture & Civil Engineering
- Design, Computer Science, Media
- Engineering Sciences
- Social Work
- Wiesbaden Business School

Studierendenparlament (STUPA)

- Highest decision-making body of the student body
- Responsible for the statutes, budget, and motions of the student body
- 15 elected members

Student Parliament

The Student Parliament (StuPa) is the body elected by all students to represent their interests. It is the legislative body of the student body, i.e., the small Bundestag for all students. Here in the StuPa, you can make a big difference and help shape everyday student life at the university. You will also get to know lots of great people from other degree programs, committees, and other areas of the university.

But what exactly does the StuPa do?

The StuPa is the highest decision-making body of the student body. We decide how money is spent on student parties, whether the AStA gets money for a sound system, or how part of the semester fee is used for collaborations with transportation providers such as nextbike. We are the central representative body for students at the university, and every student can submit a proposal to us. Do you already have a project idea? You can find out how to submit a proposal and what you need to bear in mind on the AStA website, but the staff at the AStA office can also help you with this.

The StuPa has a presidium, a president, and two vice presidents, who are elected internally and are responsible for coordination.

The StuPa approves the budget presented by the AStA and can decide how the AStA will be structured for the next year and what funds the student councils will receive for self-administration. Once a year, in December, the 15 voting members of the student parliament are elected. Their term of office always begins in the following April and lasts for one year. Any student can stand for election. Experience has shown that they meet approximately every two weeks for public meetings. Everyone is welcome to attend and express their opinion. Exact dates? Take a look at the AStA homepage. We look forward to seeing you.

Contact

stupa@asta-hsrm.de

Student councils

Universities are usually divided into different departments. All students in a particular department, institute, or faculty form what is known as a student council. Accordingly, there are five such student councils at RheinMain University of Applied Sciences. The structure varies from university to university and depends on a number of factors, such as the courses offered and the number of students. The student councils are represented by the student council council. This consists of at least five and at most fifteen student representatives in each department and is elected at RheinMain University of Applied Sciences by direct election of the candidates. As with most committees at HSRM, the legislative period is one year. The student council (FSR) of a respective student body essentially has the task of representing the interests of the students in the department, whether it be networking parties or campus design. If you have any concerns or suggestions, you can always contact your FSR, even if you have not been elected. The FSR meetings are open to the public. You can find the dates at: asta-hsrm.de/gremientermine

Wiesbaden Business School (WBS)

Contact

fachschaftsrat-wbs@hs-rm.de
+49 611 94953136

Campus Bleichstraße
Eugen Schmalenbach House, Room E03

Instagram: @wbs_fachschaftsrat

Architecture & Civil Engineering

Contact

fachschaft-fab@hs-rm.de

Kurt-Schumacher-Ring Campus
Building D, Room 103

Instagram: @fachschaftsrat_ab

Social Work

Contact

fachschaft-sw@hs-rm.de

Campus Kurt-Schumacher-Ring
Building E, Room E101

Instagram: @fsr_sw_hsrn

Under the oak trees

Contact

fsr-ude@hs-rm.de

Unter den Eichen Campus
Building F.II – F001 (to the right of the library)

Instagram: @fsr_ude

Engineering sciences

Contact

fachschaft-ing@hs-rm.de
+49 6142 898 4308

Rüsselsheim Campus
Building E, Room E3

Instagram: @fsr_ing

Committee election

At RheinMain University of Applied Sciences, the members of the student parliament and the student councils will be elected in the winter semester 2025/26 between the 9th of December starting at 10am and the 17th of December ending at 1pm.

The election will take place online. All eligible voters will soon receive an email to their university address with all the necessary information on how to cast their vote. Votes can be cast using any internet-enabled device. In addition, computers will be available in the libraries on the Wiesbaden and Rüsselsheim campuses during the election period.



The following are eligible to vote:

For the student parliament:

all students at RheinMain University of Applied Sciences

For the student councils:

students in the respective department

Why vote?

Your vote counts! In the RheinMain University of Applied Sciences committee elections.

- When you vote, you strengthen the candidates and ideas that are important to you
- With your vote, you show what you want — you know best what is good for you
- If you don't vote, only the voices of others will be heard
- Voting is your democratic right — many have fought long and hard for it
- Those who vote show that they value democracy and freedom

Make a difference, go vote, and play an active role in shaping your studies and your university!

Candidates / Nominations:

Anyone who wishes to stand as a candidate or submit a list must use the official forms provided by the election office. The submission period runs from the 14th of October to the 5th of November 2025, until 12pm (noon). Nominations can be submitted in person or digitally via the university email.

The electoral register will be available for inspection in November. Only those who are registered may vote — so check in good time!

All further information and the forms are available on the university website, in Stud.IP under "Gremienwahlen", and from the AStA.

In short: In December 2025, students will elect their parliament and student councils — online, easily accessible from anywhere.

Anyone who wants to have a say should vote or run for office themselves.



Why run for office?

Want to do more than just cast your vote? Then run for office yourself!

As a member of a committee, you can:

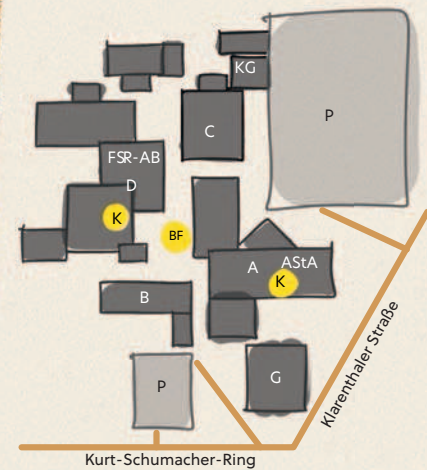
- Have a say in the rules governing your department or the university
- Critically participate in discussions when new degree programs are created or existing ones are changed
- Actively support the development of your university
- Take on responsibility and gain valuable experience for your studies, your career, and society

Your ideas count. Your voice can be more. Stand up and help shape RheinMain University!



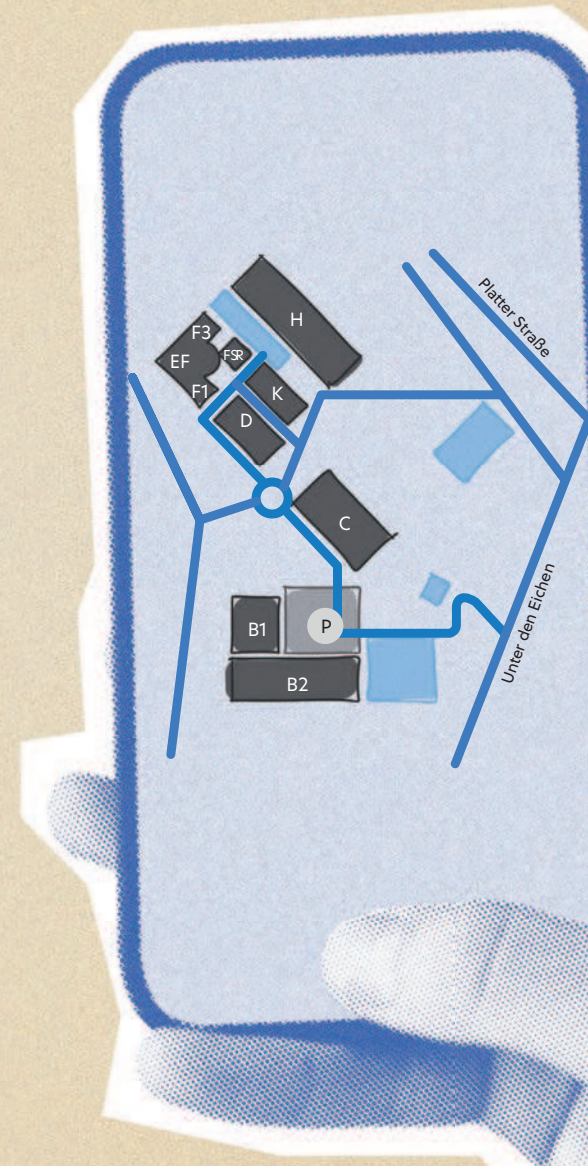
Orientation

Campus Kurt-Schumacher-Ring KSR Wiesbaden



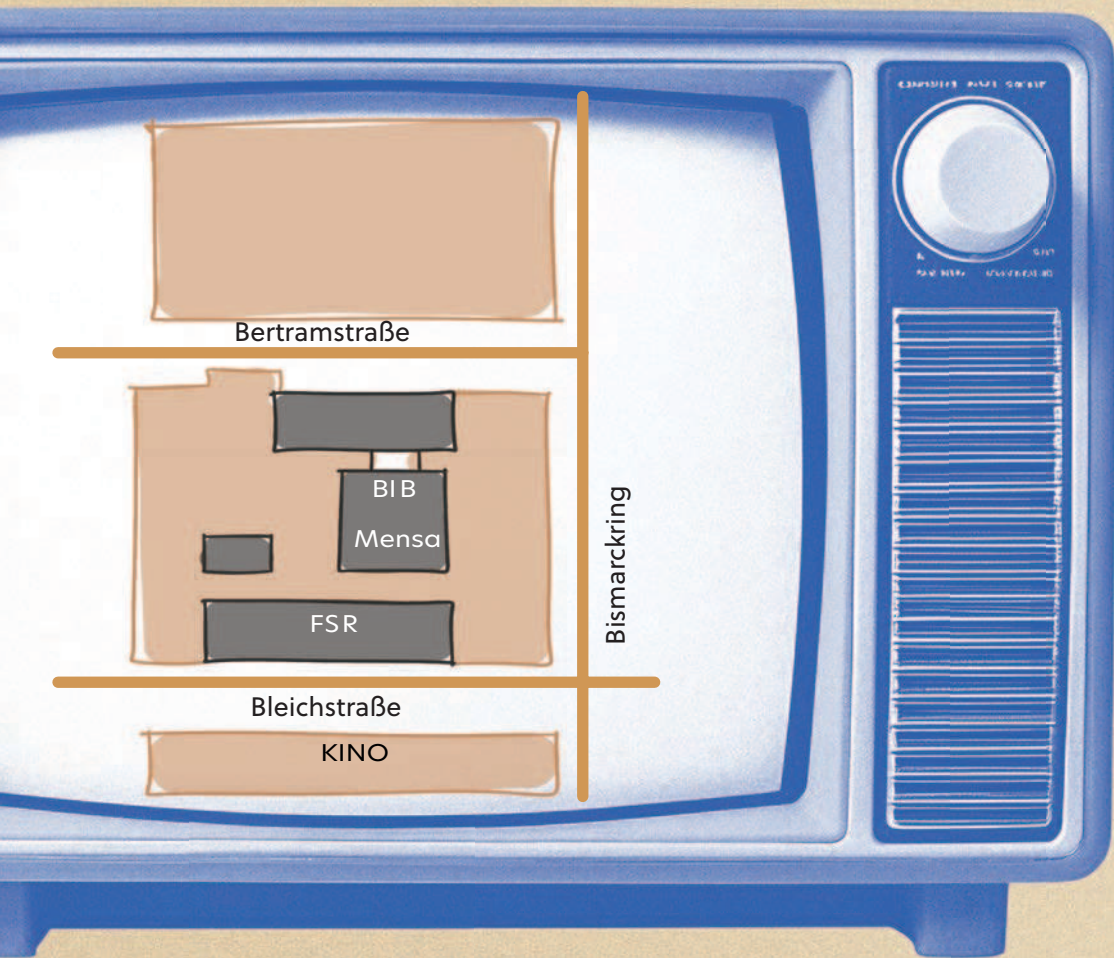
- | | |
|--------|--|
| A | Administration / SIC / Library / Cafeteria / AStA |
| B | Woodworking shop in the basement / University printing shop |
| C | Competence & Career Center / University Sports / Language Center |
| D | Architecture/Civil Engineering |
| E | Social services |
| F | Daycare center |
| G | Lecture hall building |
| BF | Bergfest - midweek celebration |
| FSR-S | Student Council for Social Work
E Building, Room 112 |
| FSR-AB | Student Council for Architecture and Civil Engineering D Building, Room 330
Kurt's Garden |
| KG | Copier |
| K | Building A, next to A110 Building
D, in the plotter room |

Campus Unter den Eichen Ude Wiesbaden



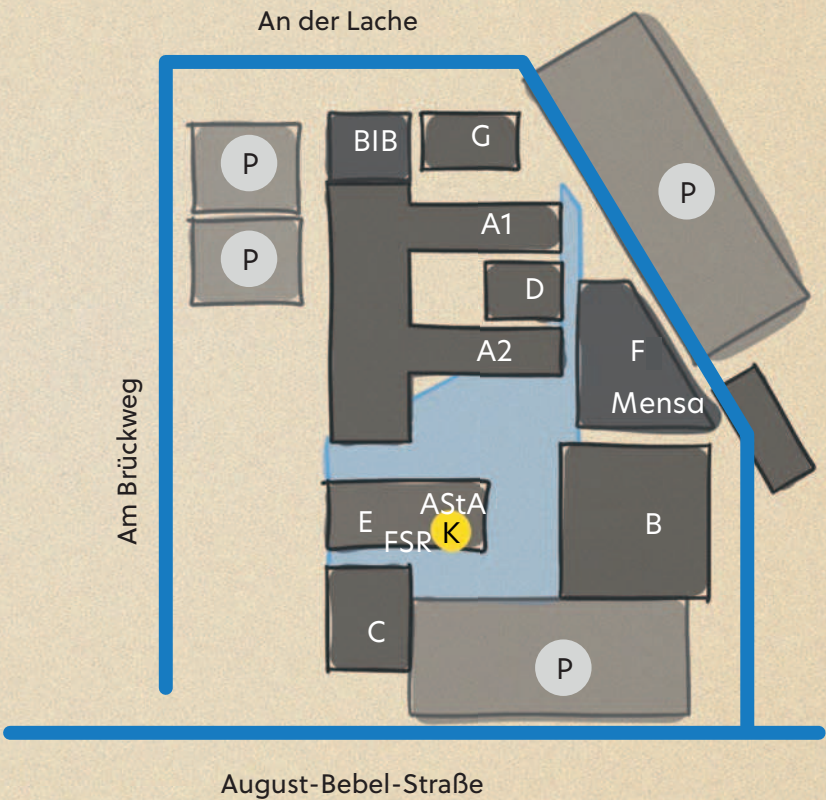
- F Library, University Management,
University Communications
- K Restaurant Camera
- D E Media informatics
- C Computer Science /
Media: Conception & Production
- B1 Media Management /
media technology
- B2 Communication design / Interior
design
- FSR Student Council Unter den Eichen
Room F001

Campus Wiesbaden Business School WBS Wiesbaden

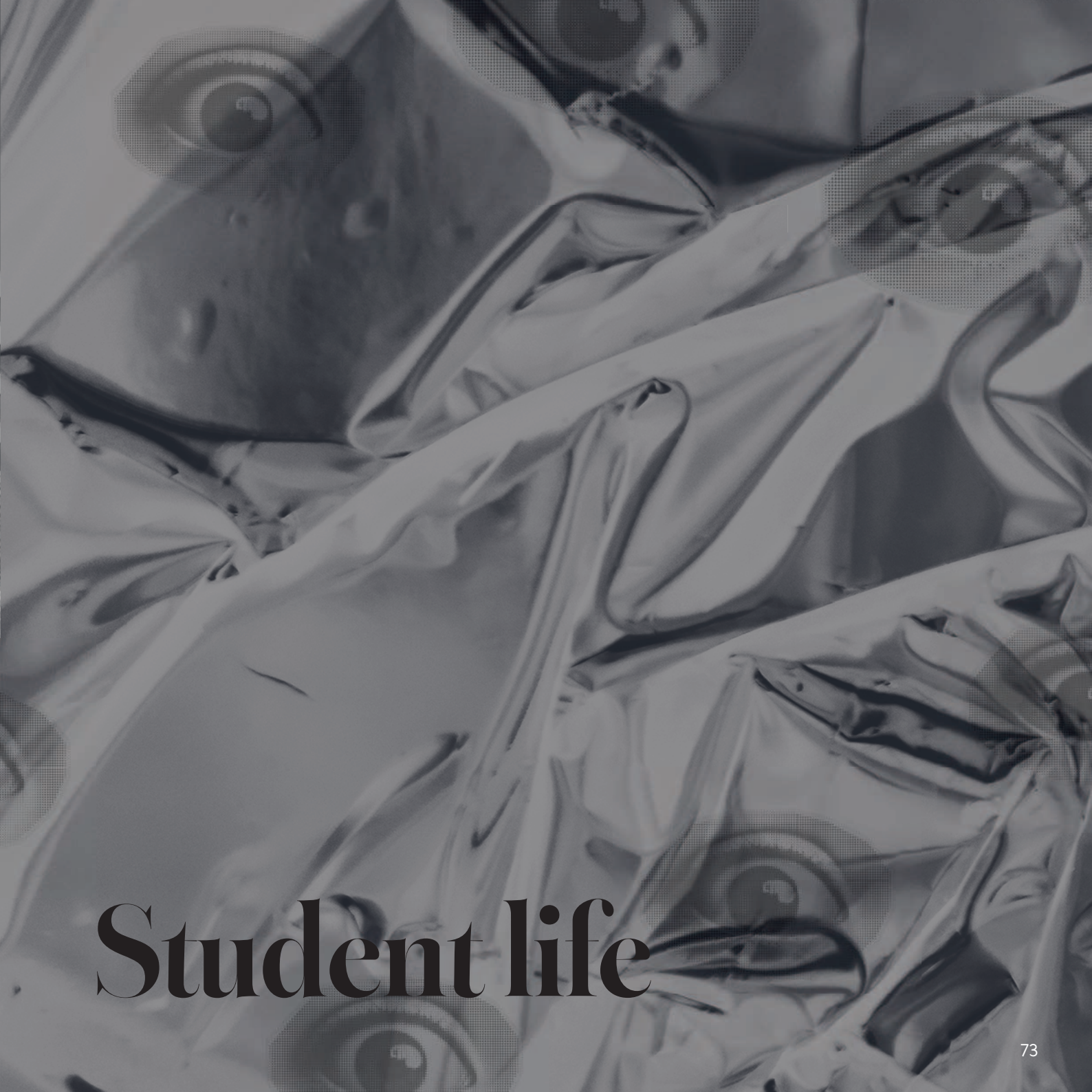


- BIB** Library
- FSR** Student council room
WBS Room E-03

Campus Rüsselsheim



- A1** Electrical Engineering / Media Technology / Applied Physics
- A2** Environmental Engineering / Mechanical Engineering / International Industrial Engineering / Systems Engineering / Mathematics
- B** Racing Team: Scuderia Mensa
- C** real estate
- D** University IT, lecture halls
- E** AStA, FSR, Hydrogen Laboratory
- BIB** Library
- G** Mathematics, electrical engineering, and aeronautical engineering (flight simulator)
- FSR** Student Council INGRoom E3
- K** Copier - Building E, near the AStA office in room E2



Student life

Libraries

The University and State Library has a total of five locations. You can find all the latest information on opening hours and more on the website: hs-rm.de/bibliothek

Location Bleichstrasse/Bertramstrasse
+49 611 94 95 31 33

Location Kurt-Schumacher-Ring
+49 611 94 95 11 86

Location Unter den Eichen/Building F
+49 611 94 95 21 80

Location Rheinstraße 55/57
+49 611 94 95 18 22

Location Rüsselsheim
+49 6142 898-4125

Contact

E-Mail
service-hlb@hs-rm.de

Telephone
+49 611 9495-1820
(Mo - Fri: 9:00 am - 5:00 pm)

Other libraries:

City and Music Library in the Mauritius Media Library
Hochstättenstraße 6-10, 65183 Wiesbaden
Telephone: +49 611 31 2272

Tue–Fri: 10:00 a.m.–6:00 p.m.
Sat: 10:00 a.m.–2:00 p.m.

Biebrich District Library
Rudolf-Dyckerhoff-Straße 10, 65203 Wiesbaden
Telephone: +49 611 31 7535

Tue, Thu: 9:00 a.m.–12:30 p.m., 2:30 p.m.–6:00 p.m.

Bierstadt District Library
Flidnerschule Biegerstraße, 65191 Wiesbaden
Telephone: +49 611 31 7224

Tue, Thu: 9:00 a.m.–12:30 p.m., 2:30 p.m.–6:00 p.m.
Fri: 9:00 a.m. – 12:30 p.m.

Freudenberg District Library
Otto-Reutter-Straße 5, 65201 Wiesbaden
Telephone: +49 611 31 8746

Tue: 9:00 a.m.–12:30 p.m., 2:30 p.m.–6:00 p.m.

Kastel District Library
Zehnthofstraße 41, 55252 Mainz-Kastel
Telephone: +49 6134 188916

Wed, Fri: 9:00 a.m.–12:30 p.m., 2:30 p.m.–6:00 p.m.

Kostheim District Library
Winterstraße 20, 55246 Mainz-Kostheim
Telephone: +49 6134 603339

Tue, Thu: 9:00 a.m.–12:30 p.m., 2:30 p.m.–6:00 p.m.

Schierstein District Library
Zehntenhofstraße 20, 65201 Wiesbaden
Telephone: +49 611 31 8467

Wed, Thu: 9:00 a.m.–12:30 p.m., 2:30 p.m.–6:00 p.m.

Klarenthal District Library
Geschwister-Scholl-Str. 10, 65197 Wiesbaden
Telephone: +49 611 31 7148

Tue, Wed: 9:00 a.m.–12:30 p.m., 2:30 p.m.–6:00 p.m.

Rüsselsheim Public Library
Am Treff 5, 65428 Rüsselsheim
Telephone: +49 6142 832750

Mon, Tue, Fri: 11:00 a.m.–7:00 p.m.
Sat: 10:00 a.m.–1:00 p.m.

Finance

Jobs, BAföG, scholarships: there are many ways to supplement your budget. If you plan to work during your studies, there are a few things to keep in mind. For example, you can only earn a certain amount tax-free per month, and as a full-time student, you are also limited in the number of hours you can work. In this chapter, you will learn about the regulations and which types of employment contracts are appropriate in different situations.

You may also be eligible for BAföG funding to cover your basic expenses. For students in financial need, there are also various options for financing their studies.

One topic that is often overlooked is health insurance for students. In addition to family insurance, which most students under the age of 25 are likely to have, there are other types of insurance available. It is worth finding out which one is best for you.

Some students can also receive financial support in the form of scholarships. We have compiled a list of many contact points and scholarships so that you can consider whether you would like to apply for a scholarship. This is particularly interesting for students who want to finance a stay abroad in this way.

Study financing

Studying is expensive. Students have various options for financing their studies. Those who do not receive a scholarship can borrow money from their parents or through part-time jobs, or they can take out various loans or apply for interest-free, partially interest-bearing, or fully interest-bearing loans under the Federal Training Assistance Act. There are many different options for financing your studies with loans. Every student should obtain comprehensive information about the options and obligations associated with each type of financing before deciding on a type of financing. However, most of them require one thing: a willingness to take on a certain amount of debt. This is because only very few loans are paid as interest-free loans or grants. No matter what you ultimately decide, you should carefully review all offers. You can also find more information about student loans and grants on the internet, at consumer advice centers, or from the advisors at your university and your student union.

Employment contracts

Every employment relationship is established in the form of an employment contract, and there are a few things to keep in mind, especially for shorter-term employment relationships: according to the "Nachweisgesetz" (German Employment Evidence Act), everyone has the right to be informed of the essential terms of the contract no later than one month after the start of the employment relationship. These include the amount of remuneration, working hours, a general description of the job, references to collective agreements and works agreements, the duration of employment, notice periods, and the place of work. At the beginning of the employment relationship, you should insist on a written employment contract that specifies the essential terms of the contract, because disputes about salary levels, tasks, notice periods, and similar issues arise time and again, and you often "lose out" even when you go to the labor court because there is no written documentation.

Financial aid for students

1. Students with children or pregnant students may be eligible for benefits under SBG II (Social Security Act II).
2. Check your eligibility for housing allowance, which may also be compatible with BAföG (Federal Education and Training Assistance Act).
3. In some cases, the "Wiesbadener Tafel" food bank is also accessible to students. Contact the AS-tA's social and financial counseling service.
4. Foreign students may also be entitled to BAföG in some cases.
5. More students are entitled to BAföG thanks to the packages that have recently been approved.
6. Initial information about BAföG can be found at: bafög-rechner.de or bafög.de
7. Initial information about the KfW student loan is available from your student services organization.
8. The student services organization offers the interest-free MainSWerk student loan.

Scholarships

General scholarships

Scholarships are available from various organizations and for “particularly gifted” students (the definition depends on the respective organization). In most cases, a certain level of commitment to social, political, and/or societal issues is required. In principle, most foundations provide funding at the BAföG rate (unlike BAföG, the scholarship does not have to be repaid later). In addition, there is occasionally “idealistic” support in the form of book allowances and offers to participate in special events.

- Germany Scholarship
- Friedrich Naumann Foundation
- Rosa Luxemburg Federal Foundation
- Hans Böckler Foundation
- Heinrich Böll Foundation
- Konrad Adenauer Foundation
- Friedrich Ebert Foundation

Further information:
hs-rm.de/stipendien

Scholarships for studying abroad

The German Academic Exchange Service (DAAD) supports students worldwide in education, training, and research in all disciplines. Applications are usually submitted in your home country via the DAAD office or the German Embassy. The International Office (AAA) can tell you under what conditions you can still submit applications after your arrival. Most of the foundations and institutions listed here offer funding for studying abroad in line with the BAföG regulations, but there are exceptions. BAföG itself also provides funding for studying abroad. In addition, there are other scholarships for a semester abroad, such as Promos. WBS students can also apply for the Richard Müller Foundation’s internal scholarship.

EU funding programs: LLP program, Erasmus, DAAD (German Academic Exchange Service), International Office of the HSRM

Bafög

BAföG is the abbreviation for the Federal Training Assistance Act, which regulates state support for the education of school pupils and students in Germany.

Requirements

Anyone who has not yet reached the age of 30 at the start of their training, is a German citizen or relative of a German citizen (exceptions possible), and is completing their first training course that is eligible for funding under the BAföG Act (exceptions possible, e.g., for second and third courses of study) can apply for BAföG. educational pathways).

Amount of the sum

The amount of financial aid is calculated individually for each student. It is based on the student’s own income or that of their parents and/or spouse, as well as the amount of savings/assets they have. The amount of support for all those who have been granted entitlement is up to 992€ per month, depending on “need.”

Funding period

The maximum funding period is based on the standard period of study, but may be extended in certain cases (e.g., pregnancy, childcare, committee work, illness) upon request.

Costs, repayment terms

Study BAföG is usually granted half as a grant and half as an interest-free loan. The maximum loan amount to be repaid is €10,010. Repayment of the loan begins 5 years after the end of the maximum funding period (not after the end of the course of study). The loan is repaid in regular installments of €130 per month over a period of up to 20 years. Three monthly installments are combined into a quarterly amount. Anyone who repays the loan in full or in part before it is due will have part of the debt waived.

Interesting facts

After the fourth semester, proof of academic achievement is required. Each BAföG recipient is currently allowed to earn up to €1,500 in twelve months during the approval period. Earn an additional 6,672€ or 556€ per month without it affecting your benefits. Please note: Certain scholarships are counted toward the BAföG rate! Further assistance is available from the AstA’s social services department.

Casual work

Basic contribution

The basic allowance is 12,096€ per year plus 1.230 € Flat-rate advertising allowance. Anything above this amount is taxable. Supplements for actual night, Sunday, and holiday work are not subject to income tax.

For single parents

There are additional allowances for single parents who live alone with their children, for example. The relief allowance for single parents (EfA) is 4,260€ per year and child. For each additional child, the amount increases by the EfA plus 240€.

BAFÖG deductions

In order to avoid any deductions from BAFöG funding, only 6,672€ per year, equivalent to approximately 556€ per month, may be earned in additional income. This amount is independent of the actual BAFöG grant. The legislator assumes that your parents will supplement the actual amount up to the maximum rate. Income earned during initial training is no longer taken into account for child benefit purposes.

Short-term employment

Within a 12-month period, you may work for a maximum of three months or 70 working days as part of a "short-term employment" arrangement. The amount of your income is irrelevant (except in relation to the basic allowance). This job is not subject to social security contributions, nor is it counted towards any existing 556€ job you may already have. You are liable for tax, but you can claim back the tax you have paid as part of an annual income tax adjustment. To do this, however, you must file a tax return.

Mini-job

A marginal employment relationship is a job with a regular maximum monthly income of 556€. There are no taxes, and you can be exempted from social security contributions. In the commercial sector, the employer pays a lump sum to the "Minijob-Zentrale" (mini-job center). If the total income does not exceed 556€, several mini-jobs can be combined. If two jobs that are not subject to social security contributions exceed the 556€ limit in total, both jobs become subject to social security contributions. However, you are allowed to have another job as a mini-job in addition to a job that is subject to social security contributions.

Casual work

Working student regulations

If the income exceeds €556 or the employment exceeds short-term employment, only pension insurance contributions must be paid as long as the weekly working hours are less than 20 hours.

Exceptions

If you work in the evenings, at night, or mainly on weekends, the number of hours may be exceeded if your studies are your primary focus. If you have had several fixed-term employment contracts (each lasting less than two months) within a year that involved more than 20 hours of work per week, these are also exempt from insurance if they fall within the lecture period. However, the total number of weeks (182 calendar days) per year in which the student works more than 20 hours per week may not exceed 26. The annual period is calculated retrospectively from the end of the employment to be assessed. During the lecture-free period, students may work more than 20 hours per week if they do not exceed 26 weeks per year. During a leave of absence/part-time studies/distance learning/after the thesis, among other things, the working student regulation cannot usually be applied.

Midi-jobs

An income between 556,01€ and 2,000€ (sliding scale) is considered a midi job. In this case, social security contributions increase linearly as income rises. Full contributions are only payable on incomes above 2.000€.

Fee and service contracts

Students can also earn money in a non-contractual form: a fee contract can only be concluded between you as a sole trader or freelancer and a company. This means that you are working as a self-employed person. In other words, you are not employed as an employee with an employment contract and the provisions it contains regarding vacation, protection against dismissal, continued payment of remuneration in the event of illness, and so on.

The following applies to fee-based contracts and contracts for work:

The client also does not pay any social security contributions. You are responsible for your own health insurance and payments in old age. The fee agreement initially only obliges the client to pay a fee. In this respect, the basis for the fee agreement can also be a contract for work. The client undertakes to pay a fee for the creation of the work. This is due after acceptance of the work. With a contract for work, you bear the risk of actually achieving the agreed result. Unfortunately, you are not entitled to vacation pay or sick pay. Fees and contract terms must be negotiated yourself.

Health insurance



Family insurance

Students can remain covered by their parents' insurance until they reach the age of 25. Exceptions: If you are completing federal voluntary service or a voluntary social year (FSJ) under the age of 25, family insurance will continue to cover you beyond the age of 25 for the corresponding period. Married students are also covered by family insurance, provided that their spouse is not a student and is a member of a statutory health insurance scheme. However, one condition for family insurance is that you may not earn more than 535€ (e.g., from self-employment) or 556€ from a mini-job. If the requirements for family insurance are met, it takes precedence over compulsory student insurance and voluntary compulsory insurance.

Compulsory student insurance

If the requirements for family insurance no longer apply (you are over 25 years of age or earn more than 556€ per month), compulsory student insurance applies, which currently costs around 120€ per month. The basic principle here is that compulsory insurance for students only applies if the focus is on studying and not on gainful employment. Specifically, this means that you may not work more than 20 hours per week. If you regularly work 20 hours or more per week, you will lose your student status for insurance purposes.

In exceptional cases, it is possible to work 20 hours or more if the hours are worked on weekends or in

the evenings. Even if the 20-hour limit is exceeded during the lecture-free period, your studies still take precedence. The working time of 20 hours per week may be exceeded in a maximum of 26 weeks per year. However, such exceptional cases should always be clarified on a case-by-case basis. The insurance obligation ends for students at the end of the 14th semester and/or when they reach the age of 30. After that, you should take out voluntary compulsory insurance.

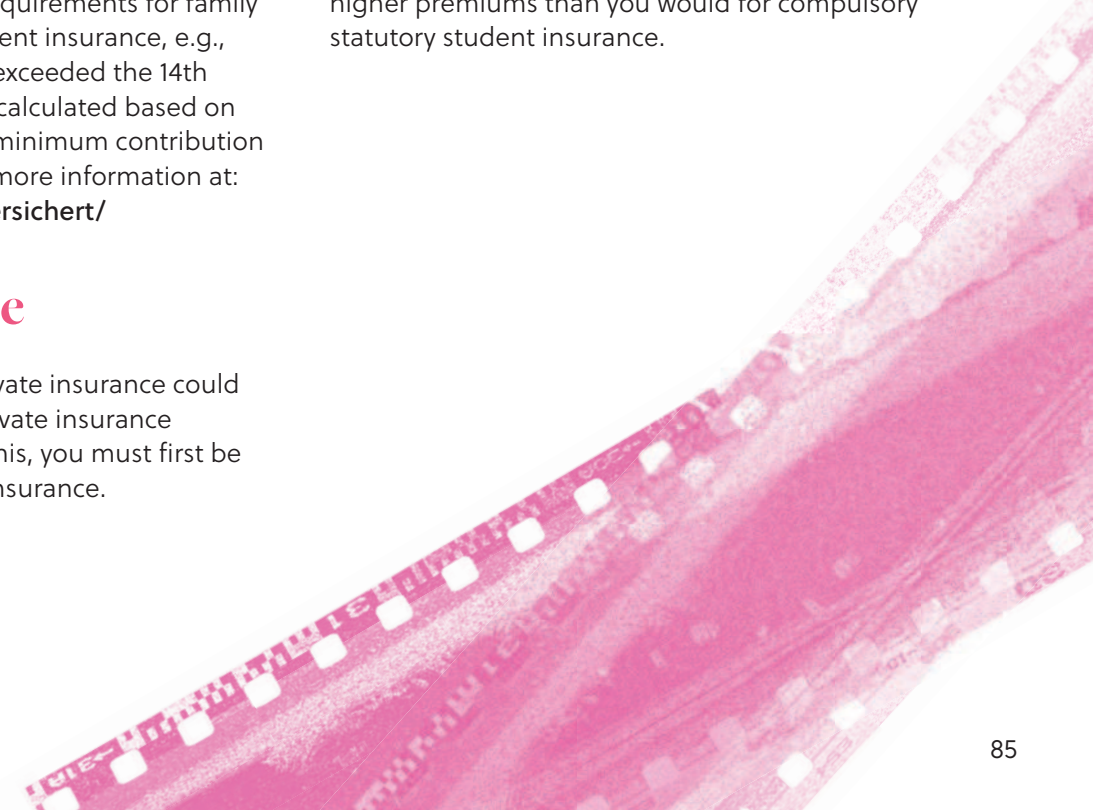
Voluntary statutory insurance

Voluntary compulsory insurance applies to students who do not meet the requirements for family insurance or compulsory student insurance, e.g., if you are 30 or older or have exceeded the 14th semester. The contribution is calculated based on your monthly income, with a minimum contribution of around 182€. You can find more information at: finanztip.de/gkv/freiwillig-versichert/

Private insurance

One reason for taking out private insurance could be that you are eligible for private insurance through your parents. To do this, you must first be exempted from compulsory insurance.

You can only be exempted from compulsory insurance within the first three months after enrollment (or three months after the end of family insurance). This decision is irrevocable and cannot be changed during your studies. However, even after your studies, there may be problems with re-entering the statutory health insurance system, especially if you become self-employed. Therefore, consider the advantages and disadvantages of statutory or private health insurance during and after your studies. If your parents are civil servants, the allowance is linked to their child benefit entitlement. If you are still studying at the age of 25 or if you earn so much in part-time jobs that you are no longer eligible for child benefit, you will no longer receive a subsidy for medical expenses from the state. If you want to take out private insurance without a subsidy, you should bear in mind that you will probably pay higher premiums than you would for compulsory statutory student insurance.



Housing

Rent

Most landlords will present you with a standard rental agreement (e.g., from the Haus und Grundbesitzverein). If the landlord presents you with their own (or modified) rental agreement, caution is advised in any case. You should read the agreement carefully. If you are unsure about the meaning of parts of the agreement, you should seek expert advice. Only sign the agreement once you are sure that none of the clauses could be detrimental to you.

You should exercise caution with graduated rents (rent increases that are specified in the lease agreement), fixed-term leases (where you are bound to the agreement for a fixed period and cannot terminate it early), and taking over apartment inventory (be careful not to end up with bulky waste).

Record all agreements and arrangements with the landlord in writing. Verbal agreements are also legally binding, but in case of doubt, they are much more difficult to enforce. When you move in, draw up a handover report. Record all visible defects (damp, stains on the carpet or wallpaper, etc.) and

the condition of the apartment (has it been renovated? If so, when?) in writing. Ask to see the utility bills for the previous year so that you don't end up with high additional payments.

The advance payment amount may differ significantly from the actual additional costs. Make a note of exactly what damage (if any) is to be repaired by the landlord and by when. The deadline should be clearly noted and, in case of doubt, compliance with it should be demanded. Just in case, you should take someone with you who can act as a witness. The landlord should also provide you with a copy of the rental agreement and any additional agreements.

Apartment hunting

Rent

wg-gesucht.de
studenten-wg.de
immowelt.de

„Schwarzes Brett“ - bulletin board
In Rüsselsheim, Wiesbaden (KSR),
and WBS.

Stud.IP also has a bulletin board.

Facebook groups

Group names:

„WG & Wohnung | Mainz & Wiesbaden“

„AStA HSRM: WG- & Wohnungsbörse“

„Mieterbund“ - Tenants' association

Tenants' Association Wiesbaden and Surrounding Area e.V.

Adelheidstr. 70,
65185 Wiesbaden

+49 611 7165470

info@mieterbund-wiesbaden.de
Mieterbund-wiesbaden.de

Youth hostel

The youth hostel in Wiesbaden is located in the immediate vicinity of the university, where you may also be able to stay for a few days.

Blücherstr. 66 - 68

65195 Wiesbaden

+49 611 48657

wiesbaden.jugendherberge.de

jh-wiesbaden@jugendherberge.de

Student residences

In Wiesbaden

„Wohnen für Studis WfS“ - Housing for Students

Contact: Ms. Stenzel
Platter Str. 1
65195 Wiesbaden
+49 611 72 45 805
stenzel@wfs-wiesbaden.de

„Studierendenwerk Frankfurt“ - Frankfurt Student Services

Max Kade Haus
Adolfsallee 49-53
65185 Wiesbaden
www.swffm.de

Student residence Friedrich-Naumann-Straße

Friedrich-Naumann-Str. 1
65197 Wiesbaden
+49 69 257299450
office@stesta-verwaltung.de

„Altes Gericht“ - Old court

Next to the Fresenius University campus
www.wfs-wiesbaden.de/wohnheime/altes-gericht.html

Blücherstraße
Blücherstraße 12
65195 Wiesbaden

Camp pieri

Sonnenblumenweg 6 -12
65201 Wiesbaden

„Junges Wohnen“ - Young living

Langeooger Straße 16/18
65199 Wiesbaden

Frank Martin

Frankfurter Straße 19
65189 Wiesbaden

Goerdeler Straße

Goerdeler Straße 2a-2d
65195 Wiesbaden

„Wohnheim Konrad“ - Konrad Residence Hall

Jean-Monnet-Str. 3
65197 Wiesbaden

In Rüsselsheim

„Studierendenwerk Frankfurt“ - Frankfurt Student Services

An der Feuerwache 7
65428 Rüsselsheim

„Studierendenwerk Frankfurt“ - Frankfurt Student Services

Elisabethenstr. 2
65428 Rüsselsheim

GSW CAMPUS LIVING

Gabelsberger Platz 2
65428 Rüsselsheim
clr@gsw-ffm.de
+49 69 1544 222

„Studierenden Wohnheim“ - Student residence

An der Lache 4
65428 Rüsselsheim
studentenwohnung-guetlich.de
student@silentio.de

Auf dem Steinweg

Auf dem Steinweg 5-9
65428 Rüsselsheim
info@mab-bischofsheim.de



Leisure time

Explore your city of Wiesbaden



Bars, Pubs, Cafés

- 1 Badhaus.Bar
Häfnergasse 3
- 2 Café Klatsch
(temporarily closed)
Marcobrunnerstr. 9
- 3 c/o*
Moritzstraße 52
- 4 Das Lokal
Seerobenstr. 2
- 5 Das Wohnzimmer
Schwalbacher Str. 51
- 6 Der Eimer
Wagemannstraße 9
- 7 GLYG in Flaschen
Marcobrunnerstr. 2
- 8 Heaven
Sedanplatz 5
- 9 Lenz Genuine Drinks
Wagemannstr. 17
- 10 Riesling im Hindukusch
Seerobenstraße 1
- 11 Schoppenhof
Sedanplatz 9
- 12 TAG.WERK
(vorübergehend geschlossen)
Bismarckring 6
- 13 Tom's Bierbrunnen
Hellmundstraße 54
- 14 Zum Bunsenbrenner
Bunsenstraße 1
- 15 Zum Schwejk
Alfons-Paquet-Str. 4
- 16 60/40
Murnau Straße 1

Clubs, Events

- 1 Kreativfabrik
Murnaustraße 2
- 2 Kulturpalast
Saalgasse 36
- 3 Schlachthof
Murnaustraße 1
- 4 Kontext
Welfenstraße 1b
- 5 Kultur-Dschungel
Unter den Eichen 1

Swimming pools

- 1 SWE-Freizeitbad
Mainzer Straße 144
- 2 Freibad Kallebad
Wörther-See-Str. 14
- 3 Frei- und Hallenbad
Kleinfeldchen
Hollerbornstraße 9

Cinemas

- 1 Apollo Kinocenter
Moritzstraße 6
- 2 Arkaden Filmtheater
Bleichstraße 45-47
- 3 Caligari Filmbühne
Marktplatz 9
- 4 Cineplex Thalia und Hollywood
Mauritiusplatz 72
- 5 Murnau Filmtheater
Murnaustraße 6

Theaters, Museums

- 1 Galli Theater
Adelheidstraße 21
- 2 Hessisches Staatstheater
Christian-Zais-Str. 1-3
- 3 Museum Wiesbaden
Friedrich-Ebert-Allee 2
- 4 Thalhaus
Nerotat 18
- 5 Theater im Pariser Hof
Spiegelgasse 9
- 6 Künstlerhaus 43
Kochbrunnenpl. 1

Parks

- 1 Alter Friedhof
- 2 Dürer Anlagen
- 3 Kulturpark
- 4 Kurpark
- 5 Neroberg
- 6 Nerotal
- 7 Reisinger Anlagen
- 8 Warmer Damm

- * Hochschule RheinMain
 - 1 Campus Unter den Eichen
 - 2 Campus Kurt-Schumacher-Ring
 - 3 Campus Bleichstraße/WBS



Explore your city of Rüsselsheim

Bars, Pubs, Cafés

- 1 Guutsje
Marktplatz 5
Café, Bar
- 2 Café am Markt
Marktplatz 3
Café, Bar
- 3 Rüsselsheimer Bräu
Mainstraße 4-6
Gaststätte, Braustube
- 4 Taverna Leonidas
Bahnhofstraße 30
Gaststätte, Bar
- 5 Das Rind
Mainstraße 11
Kulturcafé, Studikneipe
- 6 Skatehalle Rollwerk
Bahnhofplatz 1

Swimming pools

- 1 Waldschwimmbad
Am Waldschwimmbad
- 2 Schwimmbad a. d. Lache
Am Brückweg 24

Parks

- 1 Ostpark
Freizeitangebote
- 2 Vernapark
Stadtspark

Leisure time

- 1 OSCAR Studi-Kino
Hörsaal A 38
Programmaushang beachten
- 2 Skatehalle Rollwerk
Bahnhofplatz 1
- 3 Frisbeegolf-Parcours
Im Ostpark
- 4 Klettergarten
Im Ostpark

Beer gardens

- 1 Das Brauhaus
An der Wied 1 (Haßloch)
Gaststätte, Biergarten
- 2 Waldbembelsche
Im Ostpark
- 3 Campus-Biergarten
günstige Studipreise
garantiert

Theaters, Museums

- 1 Theater Rüsselsheim
Am Treff 8
Theater, Veranstaltungen
- 2 Stadt- und Industriemuseum
Rüsselsheim
Hauptmann-Scheuermann-Weg 4
Museum, alte Festung
- 3 Opelvillen
Ludwig-Dörfler-Allee 9
Ausstellung

 Rüsselsheim Station

 Hochschule RheinMain
Campus Rüsselsheim

wi3 consulting

The student consulting firm at RheinMain
University of Applied Sciences

Wi3 stands for Wirtschaft (business), Wissenschaft (science), and, of course, Wiesbaden. As a student consulting firm, we care not only about our partners and clients, but also about our members and all students at the university. Exciting projects with renowned companies give our members the opportunity to apply the theoretical knowledge they have gained in lectures. Like a real management consultancy, we support regional companies in their projects, but we also help you to deepen your knowledge and establish contacts with representatives of large companies through interesting workshops and our "Learn and Earn training days."

To make the most of our collective potential, we are divided into five agile departments:

- Sales
- Marketing
- Human Resources
- IT & Controlling
- Event Management

If you would like to become part of wi3 consulting or learn more about us, please contact us!

Contact

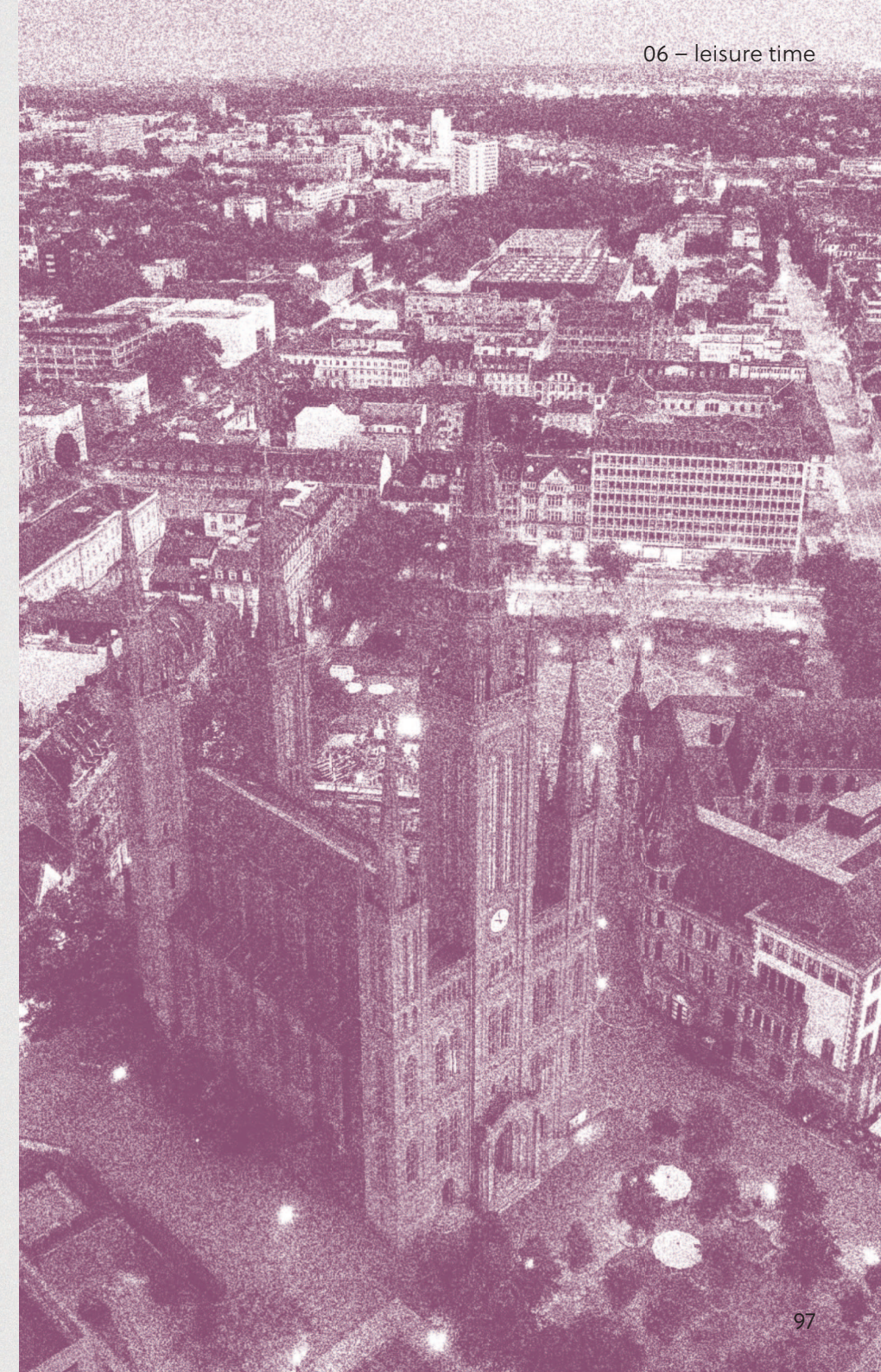
Bleichstraße 44
65183 Wiesbaden

Telephone
+49 176-88137721

E-Mail
info@wi3-consulting.de

Instagram
wi3_consulting

More information
wi3-consulting.de



RheinVolt Motorsport

Are you into **racing, team spirit, passion** and **perseverance**, and do love motorcycles? Then you're in the right place! :)

We are the new **MotoStudent** team at RheinMain University of Applied Sciences, founded in May 2024 based on the idea of three students and made possible thanks to the fantastic support of our university!

We are building an electrically powered racing motorcycle prototype, which we will use to compete against around 80 other international teams from around the world in a **wheel-to-wheel race** at Motorland Aragón (a world-class MotoGP race track).

Would you like to join the team? Follow us on Instagram **@rheinvoltmotorsport** and come by **B-021 on Tuesdays at 3 p.m.!**

We look forward to seeing you!



Contact

RheinVolt Motorsport HS RheinMain Racing e.V.
Am Brückweg 26, 65428 Rüsselsheim

E-Mail

organisation@rheinvoltmotorsport.de

Telephone

+49 6142 898-0

Instagram

rheinvoltmotorsport

More information

rheinvoltmotorsport.de

Scuderia Mensa

Since 2008, we have been developing a new race car every year for the international Formula Student competitions. We set ourselves the challenge of designing, manufacturing, and optimizing a complete vehicle from scratch in just one season.

Around 40 students from a wide range of disciplines work closely together—in the workshop, in design, in marketing, and in sponsorship. Our goal is to combine enthusiasm for technology, precision, and team spirit. Our success proves us right: with our last race car, we achieved several top 10 finishes at international events. This achievement motivates us to perform even better in the coming season and take the next step in our development.

The highlight of every season is Formula Student Germany at the Hockenheimring. Up to 120 teams from all over the world compete there. In addition to driving skills, what counts most is how convincing our engineering and economic concepts are – in front of a jury of industry and motorsport experts.

We are always looking for committed students who want to be part of this project. Whether in design, manufacturing, or organization, motivation and enthusiasm for motorsports are key. Together, we want to experience racing up close, drive innovation, and push the boundaries of what is possible.



Contact

Scuderia Mensa HS RheinMain Racing e.V.
Am Brückweg 26, 65428 Rüsselsheim

E-Mail

info@scuderia-mensa.de

Telephone

+49 6142 898 4185

Instagram

scuderia_mensa_hsrn

More information

scuderia-mensa.de





Consulting and Offers

Central Student Advisory Service

The Central Student Advisory Service team provides information and advice to prospective students and current students on all matters relating to studying. Personal/telephone consultations and email advice are available in Wiesbaden and Rüsselsheim. Topics such as choosing a degree program, decision-making, doubts about studying, changing degree programs, and the final phase of studies can be discussed confidentially and free of charge. Assistance is also offered with learning and work difficulties, advice on compensation for disadvantages and integration assistance, multiple burdens, and organizational problems. Appointments can be made by telephone via the i-Punkt or online via hs-rm.de/studienberatung

The i-Punkt

The i-Punkt is the central point of contact for questions and all (advisory) services offered by the university. Appointments and general inquiries can currently only be made by telephone or online using the contact form.

Contact

+49 611 9495-1555
hs-rm.de/studienberatung

Psychological counseling

Psychological counseling at RheinMain University of Applied Sciences is offered by the Central Student Advisory Service. Students have the opportunity to discuss personal problems with a psychological counselor. Topics of discussion can include, for example, work and orientation difficulties, psychosomatic complaints, exam anxiety, personal development issues, and family and relationship problems. The counseling is confidential and offered free of charge in Wiesbaden and Rüsselsheim.

Contact and office hours

hs-rm.de/psychologischeberatung

Legal counsel

The AStA has a legal advice partnership with the law firm Hoffmann, Peschkes & Partner. They offer free initial consultations for students at our university. (However, anything beyond that may incur costs.)

Open consultation hours are held on Tuesdays between 4 and 6 p.m., both on site and by telephone. To be on the safe side, we recommend calling or sending an email in advance. Please note, however, that it is advisable to contact the AStA Social Affairs Department beforehand. They may be able to help you there.

Contact

Kanzlei Hoffmann, Peschkes & Partner GbR
Langgasse 36, 65183 Wiesbaden

E-Mail

info@hpp24.de

Telephone

+49 611 174550

Website

www.hpp24.de

IT and Media Center

The IT and Media Center (ITMZ) is the central IT and media service provider at the university's various locations. It offers all university members a broad IT and media portfolio as well as various consulting and service offerings.

Three specialized departments are responsible for the smooth operation of everything from infrastructure to centrally operated web applications. In addition to many basic services and tasks, IT and media projects and projects with partners from the teaching sector are also carried out.

The ITMZ takes care of HDS accounts, the university VPN, email, Webex, software, the campus WLAN/eduroam, and much more.

Contact

Campus KSR, Kurt-Schumacher-Ring 18
Building A, Ground Floor E1, Room 223 B
65197 Wiesbaden

E-Mail

service-itmz@hs-rm.de

Telephone

+49 611 9495-1700

Opening hours

Monday to Friday

8:00 a.m. to 12:00 p.m.

1:00 p.m. to 4:00 p.m.

Website

www.hs-rm.de/de/service/it-und-medienzentrum

Women's and Equal Opportunities Officer

The Women's and Equal Opportunities Officer supports university leadership in implementing statutory gender equality measures. She advises on institutional development and planning as well as on social, organizational and personnel measures to increase the proportion of women in under-represented areas. She is the contact person for all university members on equality issues and in cases of gender discrimination, and she provides advice on topics such as career planning, further academic qualification and sexual harassment. Her responsibilities also include initiating and supporting promotional measures. For example, female students in STEM programs can use ProCareer.MINT, a funding programme offered by Mentoring Hessen, to support their professional and personal development and gain practical insight into working life. Each semester, students may apply for funding for projects and activities that concretely promote women and gender equality and improve the compatibility of work/study and family life at the university. The Women's and Equal Opportunities Officer is supported by equality officers in the departments. Their contact details can be found on the department pages (> Officers) and on our website.

Further information:

hs-rm.de/chancengerechtigkeit/gleichstellung

Contact

Women's and Equal Opportunities Officer
Monika Stegmann

Telephone

+49 6142 8984130

Deputy

Christina Schrandt

Telephone

+49 611 9495-1676

E-Mail

frauenbeauftragte@hs-rm.de

Family services and counseling

Family services are also provided by the Women's and Equal Opportunities Officer. Students with family responsibilities can seek advice on family-friendly university life. In addition, workshops and events such as themed days on balancing care-giving, family and study commitments are offered regularly. Kids' boxes (flexible children's rooms including among other things a desk, bed and toys) are available at the three Wiesbaden locations, and boxes with toys and games („Spielkoffer“) are provided in every library. A parent-child room (Quantum) is available in Rüsselsheim.

Contact

Regina Müller

E-Mail

familienkompass@hs-rm.de

Website

www.hs-rm.de/de/service/familienkompass



Childcare & Counseling

Daycare center on Kurt-Schumacher-Ring

There is a daycare center on the Kurt-Schumacher-Ring campus, which was established by a parents' initiative and is now run by EVIM, but students are no longer entitled to a place there. However, since August 1, 2013, every child in Germany has a legal right to a place in a daycare center from their first birthday, according to §24 SGB VIII. Places are allocated on the basis of the residential area, and it is advisable to register your child in good time, as places are in high demand and limited, and you then have to hope that a daycare center nearby has a place available. So write to them quickly!

Contact & Opening Hours

Beate Krenski, Director
Kurt-Schumacher-Ring 18,
65197 Wiesbaden, Germany
Mon-Fri 7:30 a.m. - 5:00 p.m.

Telephone
+49 611 47898

E-Mail
kita.hochschulerheinmain@evim.de
beate.krenski@evim.de

Childcare in Rüsselsheim

Information about daycare centers, youth centers, and social services is available on the website of the Rüsselsheim Youth Welfare Office at: ruesselsheim.de/kinder

Childcare in Wiesbaden and Rüsselsheim



In emergency situations

If no quick private solution can be found and childcare is urgently needed, e.g. due to illness, you can fall back on the university's flexible childcare service, which cooperates with providers, and inquire whether childcare is available at short notice. Flexible childcare in emergency situations is available at Fluggiland Wiesbaden for children aged 1-6, Monday-Friday from 7:00 a.m. to 6:00 p.m.

More information and contact details:

kindernotfallbetreuung@hs-rm.de

The following options are also available:

- Counseling at the Office for Social Work
- If the oldest child is not older than 12 years of age, contact can be made with the emergency mother service
- Families and Senior Citizens Assistance Association in Frankfurt
- Daycare meeting point: Counseling and placement agency for daycare.

Pregnancy counseling

The AStA Family Department and the university's Family Compass are the first point of contact for all questions relating to family and studies (semester breaks, networking with other students, parents, events, etc.). However, we are happy to refer you to various other counseling centers, such as...

- Pro familia
- Diakonisches Werk
- Donum Vitae
- Office for Social Work: City counseling center for people in conflict situations during pregnancy
- Catholic Women's Social Service (SkF)

Parent hotline

If you have any questions about parenting, there is a number you can call: 0800 1110550.

Free of charge, anonymous, and confidential.

QR-Code zum Familienkompass



Contact points for students with disabilities

Prospective students and students with disabilities or chronic illnesses are welcome to contact the Central Student Advisory Service if they have any questions or difficulties. In addition, there are two representatives for students with disabilities/chronic illnesses. The advisors at the Central Student Advisory Service and the representatives for students with disabilities work closely together. If you are a student who is disadvantaged at the university due to a disability, chronic illness, or other characteristics, you can contact the AStA's anti-discrimination office. The AStA advises all students who have experienced discrimination and shows them options for action and support. The social affairs office also helps with financing your studies.

Representative for students with disabilities

Contact Wiesbaden

Prof. Dipl.-Des. Rüdiger Pichler
ruediger.pichler@hs-rm.de

Contact Rüsselsheim

Prof. Dr. Klaus Michael Indlekofer
michael.indlekofer@hs-rm.de

Other Points of contact

Central Student Advisory Service

Information and advice on compensation for disadvantages in studies and exams
studieren@hs-rm.de
0611 9495-1555

Study office

Information on disadvantage compensation and hardship applications regarding admission
Sabrina Derstroff
Kurt-Schumacher-Ring 18,
65197 Wiesbaden
Building A, Room A124
+49 611 9495-1569
sabrina.derstroff@hs-rm.de
hs-rm.de/studienbuero

Competence & Career Center

Applying for jobs and starting your a disability
ccc@hs-rm.de
hs-rm.de/lehrlernzentrum

Frankfurt Student Services

(Cafeterias, dormitories, stress management, exam anxiety, psychosocial counseling, student financing)
swffm.de

Accessible university

Toilets, building entrances, etc.
hs-rm.de/studium/barrierefreies-studium/bauliche-barrierefreiheit

Technical aids (e.g., microport systems)
HSRM libraries

Barrier-free living

Wiesbaden City Housing Agency:
wohnungsvermittlung@wiesbaden.de

Further information

hs-rm.de/studium/barrierefreies-studium

Feedback Plus

Criticism, ideas, questions, and even praise—whatever concerns you during your studies at RheinMain University of Applied Sciences, your feedback is important to us!

- Not sure where to direct your questions?
- Want to express your appreciation to the university?
- Annoyed about something related to your studies?
- Have an idea that HSRM should implement?

Then get in touch with us! You can reach us at any time via our web form! Of course, you can also call, email, or come to the campus or online consultation hours. You can find all the information and times on the website:

www.hs-rm.de/feedback

Contact

Claudia Schymalla
+49 611 9495-1147

Christina Dera-Ströhm
+49 611 9495-1139

feedback@hs-rm.de
<https://www.hs-rm.de/feedback>

Visiting address

Unter den Eichen 5 | 65195 Wiesbaden
Building H | Room 3.11 (3rd floor, not wheelchair accessible!)

Provide direct feedback :



Book an online consultation now:



„Lehrlernzentrum (LLZ)“ – Teaching and Learning Center

Sports, languages, career, and future skills with the Teaching and Learning Center (LLZ)

Want to get more out of your studies? The LLZ offers you the space to develop personally and professionally. Come and find out about topics that will help you get ahead in our hubs:

- Career Hub – Start your career
- Global Hub – Cooperate internationally
- University Sports – Recharge your batteries and get going
- Innovation Hub – Shape the future
- Language Hub – Learn languages
- Learning Hub – Study successfully

The LLZ offers a wide variety of options, with around 300 courses, workshops and sessions per year, from career talks or sports courses, to workshops on artificial intelligence, from engagement projects to language courses such as German academic language for international students. In addition, we provide advisory services – whether you are starting your career, looking for an internship, writing papers, or getting involved in volunteer work.

Registration: Registration is easy via Stud.IP or, for university sports, via UniNow. You can book consultation appointments flexibly via our digital consultation calendar. Registration starts at the beginning of the semester, but places can sometimes still be booked later in the semester. We also offer courses and workshops during the lecture-free period – ideal for balancing LLZ offers with the rest of your studies.

Come and see how the LLZ can help you discover new skills, explore exciting topics in depth, and prepare yourself for tomorrow's world.

Contact

On site: Kurt-Schumacher-Ring 18, 65197 Wiesbaden, Building L

Mail: LLZ@hs-rm.de

Telephone: +49 611 9495-3215

University sports: Hochschulsport@hs-rm.de

Webseite: <https://www.hs-rm.de/lehrlernzentrum>

Instagram: [hsrm.llz](https://www.instagram.com/hsrm.llz)

Head of LLZ

Imke Kimpel | Imke.Kimpel@hs-rm.de

Building L on the Kurt-Schumacher-Ring campus

Learn flexibly, teach creatively, work with inspiration—welcome to the new learning center!

The new Building L at Kurt-Schumacher-Ring is opening in winter semester 2025/26 and provides a central location for modern learning and teaching as well as a new meeting place on campus. Building L is a place that perfectly combines learning, creativity, and communication. Whether you want to concentrate alone, work in an inspiring team, or take part in interactive courses, you will find the ideal conditions here. In addition to the offices of the Teaching and Learning Center (LLZ) and the new campus library, the building offers flexible learning rooms and spaces, modern co-working areas, and specially equipped rooms to fulfil a wide variety of needs. The teaching and seminar rooms are designed for innovative, participatory teaching and learning concepts.



The building at a glance:

- New HLB library location
- Bookable study and work rooms
- Rooms for various events
- Innovative teaching and learning settings
- Cafeteria with snacks and drinks

The rooms in Building L will be available from winter semester 2025/26 and can be booked and used flexibly. The opening event for all university members will take place on October 23, 2025, starting at 3 p.m. as part of the Sustainable Future Days. In addition to food, drinks, a DJ, and entertainment, there will be workshops, creative activities, sports activities and challenges, and exciting specialist lectures. Variety and inspiration are guaranteed!

Contact

„LehrLernZentrum (LLZ)“ - Teaching and Learning Center

Mail: LLZ@hs-rm.de

Webseite: <https://www.hs-rm.de/lehrlernzentrum/learning-spaces/gebaeude-l>

Instagram: hsrmlz



Diversity Team

The Diversity Team is committed to fostering an inclusive culture, non-discriminatory structures, and social justice at the university. It is responsible for fulfilling the roles of the Diversity Officer and the Contact Person for Anti-Discrimination and Anti-Semitism. The team consists of Prof. Dr. Abiola Sarnecki (Diversity Officer, Contact Person for Anti-Discrimination and Anti-Semitism), Kathrin Peltz (Research Associate), Julian Keitsch (Advisor for Anti-Discrimination), as well as student assistants – currently Lien Hennemann and Josephine Knopp.

We are available to all members of the university in cases of experienced or observed discrimination and are dedicated to reducing existing disadvantages within the university. In addition to counseling, our work also includes organizing training sessions to raise awareness of various forms of discrimination. Furthermore, we advise and support the university management on diversity-related issues, such as the planning and organization of equitable teaching, study, and working conditions.

On our website, we have compiled a glossary of key terms, recommendations for podcasts, films, series, and social media accounts on the topic of diversity, as well as further information on different forms of discrimination. You will also find the brochure "Together Against Racism at RheinMain University", which was developed by students.

Contact

Prof.in Dr.in Abiola Sarnecki

E-Mail

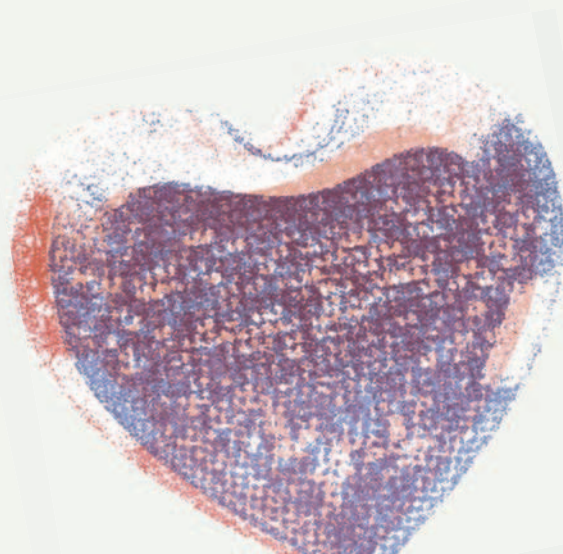
diversityofficer@hs-rm.de

Website

<https://www.hs-rm.de/chancengerechtigkeit/diversity>

Link to brochure:

<https://www.hs-rm.de/chancengerechtigkeit/diversity/angebote-und-veranstaltungen>



International Office

The International Office is the central hub for international relations at Hochschule RheinMain. We guide and assist international students, refugees, and exchange students, and we coordinate our university's global partnerships.

We're here to help you explore opportunities to gain international experience during your studies. For some students, completing a semester of study or an internship abroad is mandatory and already scheduled in their curriculum. For voluntary stays abroad – whether for study, an internship, or a summer course – you will need to determine the best timing during your degree program and ensure which courses will be recognized.

Even without going abroad, you can gain international experience at our university. For example, become a buddy for international students and meet people from many different countries. Whether you are planning a required semester abroad or a voluntary international adventure, it's important to start planning early. Language preparation is particularly important, as most programs require a certain level of language proficiency. Ideally, you should begin preparing one to two years in advance. You can find more information at our events on studying abroad or on our website. We are also happy to advise you personally during

our office hours or by appointment. Current office hours and contact details are available at hs-rm.de/de/international/

Contact

Wiesbaden

Kurt-Schumacher-Ring 18,
65197 Wiesbaden
Building A,
Rooms 113-120 + 123

Rüsselsheim

Am Brückweg 24
Building A, Room 016

E-Mail

international@hs-rm.de



Buddy Up!

Every semester, students from all over the world join our university community.

Some come as exchange students for one or two semesters, others pursue their full degree at HSRM, and some take part in our preparatory program for prospective international students. Have you met any of them yet? If not, now's your chance! Become a buddy for one of our new international students and support them as they settle into life in Germany and find their place at our university.

The **buddy program for exchange students** is all about having fun and getting to know each other. As a buddy, you'll be their first point of contact for questions about HSRM – whether that means picking them up from the airport, helping them settle in, or showing them the best spots to hang out in Wiesbaden and Rüsselsheim. You'll be speaking English most of the time.

In the buddy program for international first-year students and prep course participants, you'll have plenty of chances to make new international friends and enjoy fun social events in Wiesbaden, Rüsselsheim, and the surrounding area. If you get particularly involved and meet certain requirements, you can even earn 3 CP for your commitment.

Excited to join? Sign up now!

Because...everybody needs a buddy!

Website

hs-rm.de/buddy-up

Telephone

+49 611 9495-1437

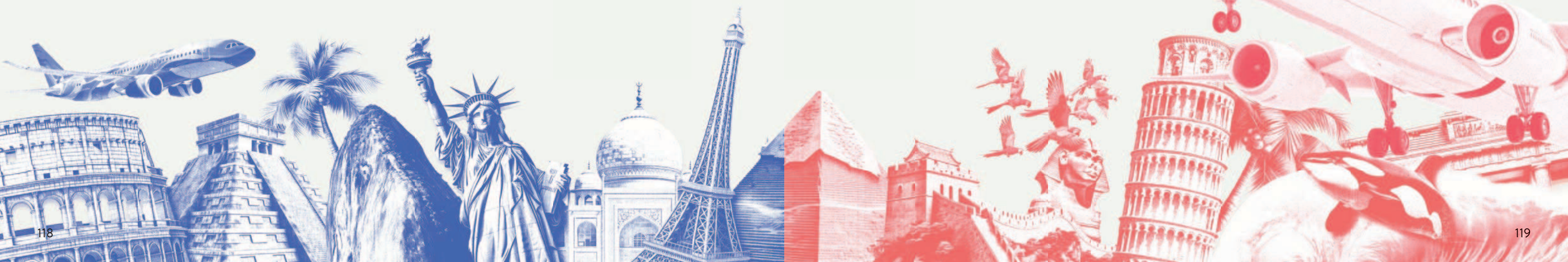
Foreign student loan

Stays abroad and even the entire period of study abroad can be funded by BAföG. One prerequisite is that the institution where you are spending your semester abroad is equivalent to your German educational institution. In addition, the stay must last at least 6 months or one semester. For cooperation partners of the university, funding is possible for stays of 12 weeks or more. Outside the EU, at least part of the study abroad must be creditable toward your degree; the funding period is generally limited to one year. A complete degree program is only funded by BAföG within the EU or in Switzerland. You also have the option of writing your thesis abroad. You can find the relevant information under the keyword "Inlands-BAföG" (domestic BAföG). An internship abroad is funded if it is a mandatory internship lasting at least 12 weeks.

You can find more information about foreign student loans here:

swffm.de

bafoeg-aktuell.de/auslandsbafoeg



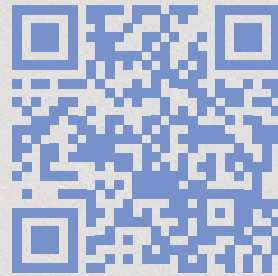
Startup labs

RheinMain StartUpLabs offers students and graduates of RheinMain University of Applied Sciences the opportunity to turn their ideas into reality. We support start-ups – from the initial idea to successful implementation and beyond.

We offer founders comprehensive support throughout the entire start-up process. This support includes consulting, coaching, coworking spaces at Heimathaften im Alten Hof, access to resources and networks, financial support of up to €7,500, and much more. Particularly noteworthy are the regular networking events with founders and experts, some of which even offer free food and drinks. We also offer seminars where you can earn credit points.



For more information about RheinMain StartUpLabs and upcoming events, visit our website and social media channels.



Here you can stay up to date and find out about all offers and events. Take the plunge and start your entrepreneurial journey with RheinMain Start-UpLabs!

Contact

E-Mail

gruenden@hs-rm.de

Website

startuplabs.cs.hs-rm.de





Miscellaneous

Important to know

HDS user recognition

The HDS-ID is a personalized user ID for members of the RheinMain University of Applied Sciences. The information required for the HDS account is collected and managed by Service Management staff and generated in the central directory service. All members of the university receive a letter with their access data. Please keep this letter in a safe place! You can use the master password contained in the letter to reset any forgotten passwords at any time. The ID allows access to the central services/ systems of RheinMain University of Applied Sciences (authentication and authorization):

- Authorization to use email services
- Authorization to use Wi-Fi, VPN, and Eduroam services
- Authorization to log in to computers
- Authorization to use the campus management system and the learning management system

HSRM Compass

compass.hs-rm.de

You are probably already familiar with this portal from your application. It is the university's campus management system and, in addition to applications, is also used to manage your studies and exams. Here you can log in with your HDS user ID and manage your data, download your enrollment, study progress, and BAföG certificates, collection slips, and exam certificates. You will also find out-

standing and completed payments to the university here, e.g., the semester fee, which is due each semester as re-registration. Exam management and exam registration and deregistration are also located here.

Stud.IP

studip.hs-rm.de

Stud.IP is the university's online platform. All students, professors, and lecturers have an account here. It is a learning management system for creating and administering web-based learning environments. It allows courses, research groups, or committees to be assigned a digital equivalent in the form of so-called events and to be managed online. With your HDS user ID, you automatically have access to Stud.IP. You should have received this information by mail. Before logging into Stud.IP for the first time, you must activate your online access at hds.hs-rm.de/aktivieren/index.php. It can take up to 60 minutes for the data to be transferred to the system.

E-Mail and Webmail

webmail.hs-rm.de

As a student at RheinMain University of Applied Sciences, you automatically have a student email account. The central email system allows uniform access via smartphone, tablet, computer, or web-

mail, for example, so you can work productively and manage your emails, contacts, tasks, and appointments from virtually anywhere. Instructions for installing the mailbox on your smartphone or laptop can be found at: hs-rm.de/itmz
After you leave the university, you will still have access to your email account for 14 days to back up your data.

VPN

Regardless of where in the world you are and which service provider you use to connect to the internet, you can establish a secure connection to the university network via our VPN service. Your data is transmitted from your computer to the VPN server via an encrypted connection through the network. Instructions for setting up the VPN client can be found at the ITMZ:

hs-rm.de/de/service/it-und-medienzentrum/it-services/vpn

Internal pages for students

The new internal pages for students contain university-wide announcements and dates as well as general information about studying and the departments. At the heart of the site is the information portal, which provides an overview of the most important services/terms for students.

Link: hs-rm.de/studierende

WLAN and Eduroam

The ITMZ coordinates and provides various WLANs:

- CampusWLAN (provision of a campus-wide WLAN)
- Eduroam (provision of a cross-university WLAN, also accessible at other universities)
- GuestWLAN (provision of a temporary WLAN for guests attending events, set up by responsible persons within the departments and divisions).

Within the Research & Teaching user group, institutions worldwide can use Eduroam. RheinMain University of Applied Sciences has been participating in DFN Roaming since June 2008. This enables HSRM members to use the WLAN of other institutions participating in DFN Roaming. Instructions for setup for all common operating systems can also be found at the ITMZ.

hs-rm.de/de/service/it-und-medienzentrum/it-services/wlan

Timetables for the Department of Design, Computer Science, Media

Some degree programs in the Department of Design, Computer Science, and Media have their own online timetable system. You can find this at dcsm.info

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